

-FIND JOB-

EUROPEAN  
JOB DAYS

# Finding a job in Portugal

 22 November 2022



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## Bear in mind!

- Job seeking abroad requires **more time** and **preparation** than in your own country
- Your move will be much smoother if you are **properly informed**

### **EURES services can help you:**

- with information about the Portuguese labour market
- looking for jobs
- applying for a job
- preparing for interviews

# First, focus on yourself

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## Think about:

- **your starting point:** interests, education, professional experience, language skills, current family and professional situation...
- what **drives your move** to Portugal ?
- what are your **professional goals** ?
- looking for **an experience** or a **long-term project** ?
- what are you willing to **negotiate** ?
- do you see yourself **working for a company** or as an **entrepreneur** ?
- what **support** do you have already **in Portugal** ?

# Second, get information about

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- **Living conditions**
  - cost of living
  - accommodation
  - access to healthcare & education
- Where (and when) to **learn Portuguese**
- **Labour market** and job opportunities

# Labour market

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**Unemployed (2022)** 307.469

< 25 years **10,9%**

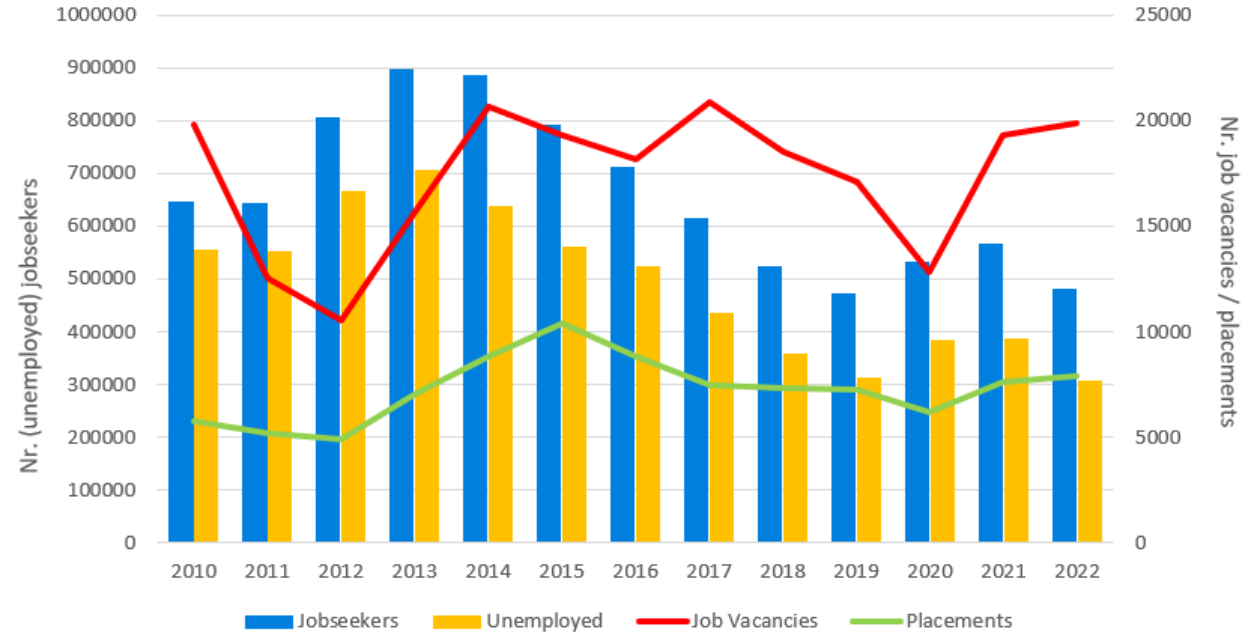
1 year + **44,0%**

1<sup>st</sup> job **9,6%**

Source: IEFP, Sept. 2022

Jobseekers vs. Job vacancies & Placements 2010-2022

monthly averages



Source: IEFP

Indicator	PT	EU 27	Period
Unemployment rate	<b>6.1%</b>	6.0%	sept 2022
Youth unemployment rate	<b>17.9%</b>	14.6%	sept 2022
Long-term unemployment rate	<b>2.9%</b>	2.4%	2Q 2022

Source: Eurostat



# Recruiting sectors

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## Customer Service

- Contact Centres (*inbound, outbound*)
- Shared Service Centres (sales, HR, administration, accountancy & control management)

Languages

## ICT & Digital

- SW, web & multimedia Programmers
- IT Engineers
- Content reviewers

## Healthcare

- Medical Doctors (several specializations)
- Nurses
- Elderly Care Assistants

Professional Recognition

## Tourism & HORECA

- Chefs, Cooks, Kitchen Helpers
- Waiters & Bartenders
- Hotel Receptionists

Seasonal

## Agriculture

- Fruit picking: strawberries, blueberries, raspberries, grapes, pears,...
- Greens picking

# Other needs

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## Construction

- Civil Engineers
- Structural Metal Preparers / Erectors
- Floor Layers & Tile Setters
- Electricians; Plumbers & Pipe Fitters; Carpenters
- Earth moving Plant Operators
- Concrete Placers & Finishers

## Industry

- Electric/Electronic Equipment & Mechanical Machinery Assemblers
- Electrical Mechanics & Fitters
- Metal Finishing, Plating & Coating Machine Operators
- Shoemaking & Sewing Machine Operators
- Toolmakers; Metal Working Machine & Tool Setting Operators

## Transports & Logistics

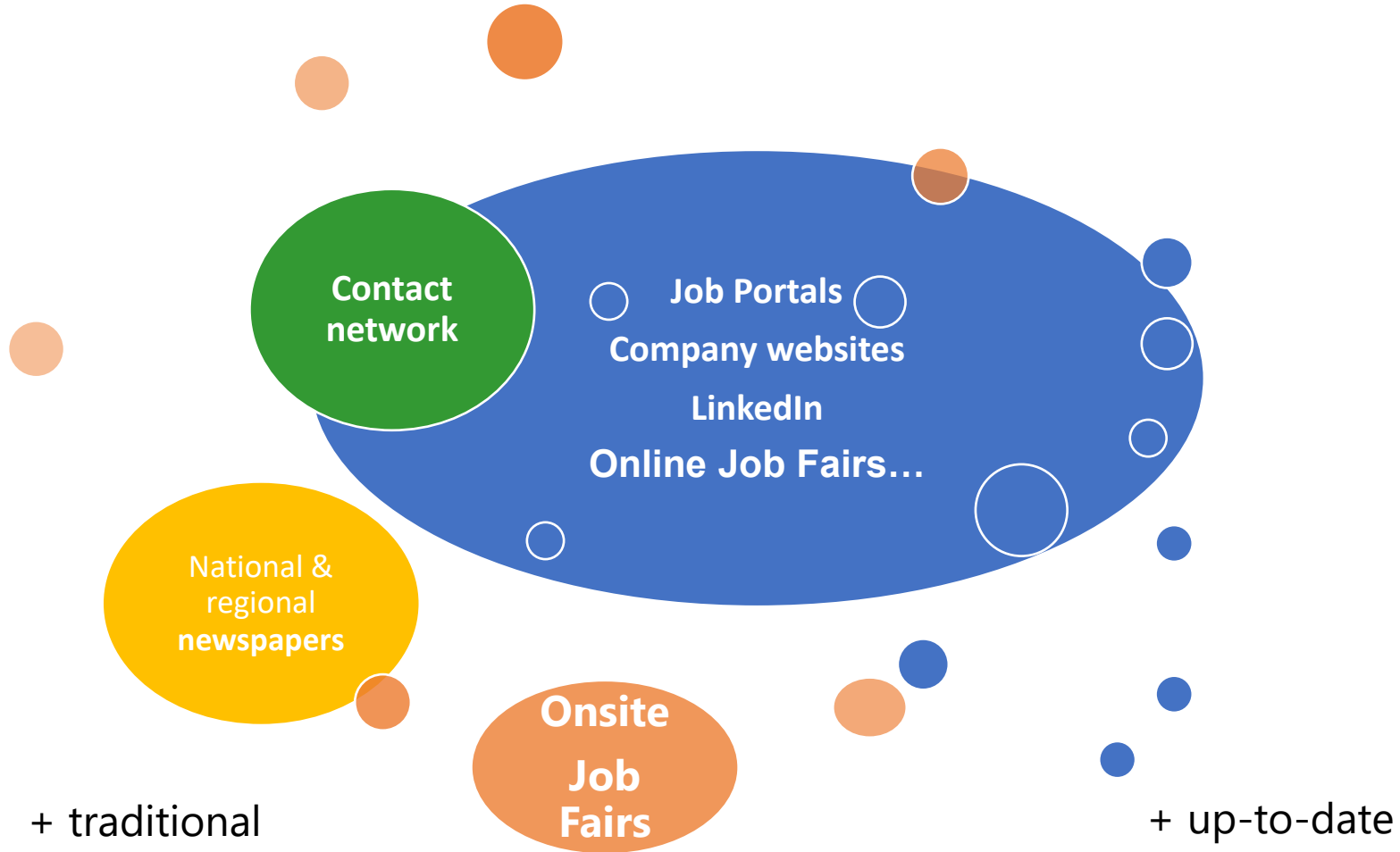
- Heavy Truck & Lorry Drivers
- Lifting Truck Operators

## Other

- HVAC Technicians (Air Conditioning & Refrigeration)
- Telecom Engineering Technicians
- Butchers, Meat Cutters & Fishmongers
- Forestry Labourers

# How to find a job in Portugal?

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# Finding a job



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[www.eures.europa.eu](http://www.eures.europa.eu)

<https://iefponline.iefp.pt>

[www.jobsinlisbon.com](http://www.jobsinlisbon.com)

[www.jobinporto.com](http://www.jobinporto.com)



[www.itjobs.com.pt](http://www.itjobs.com.pt)

<https://landing.jobs>

[www.totaljobs.com](http://www.totaljobs.com) > Portugal

[www.glassdoor.com](http://www.glassdoor.com) > Portugal

[www.turijobs.pt](http://www.turijobs.pt)

[www.hosco.com](http://www.hosco.com) > Portugal

[www.ambitur.pt](http://www.ambitur.pt)

[www.expressoemprego.pt](http://www.expressoemprego.pt)

<http://emprego.sapo.pt>

<https://pt.indeed.com>

<https://jobs.universia.net/pt/>

... + info & links @ [EURES portal](http://www.eures.europa.eu)  
> **how to find a job**



Obrigad@!  
**THANK YOU!**

[ec.europa.eu/eures](http://ec.europa.eu/eures)

[europeanjobdays.eu](http://europeanjobdays.eu)

[iefp.pt/eures](http://iefp.pt/eures)

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**#EURESjobs**

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