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JOB DAYS

# Finding a job in Portugal

 22 November 2023



# Finding a job in Portugal

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## Bear in mind!

- Job seeking abroad requires **more time** and **preparation** than in your own country
- Your move will be much smoother if you are **properly informed**

### **EURES services can help you:**

- with information about the Portuguese labour market
- looking for jobs
- applying for a job
- preparing for interviews

# First, focus on yourself

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## Think about:

- **your starting point:** interests, education, professional experience, language skills, current family and professional situation...
- what **drives your move** to Portugal ?
- what are your **professional goals** ?
- looking for **an experience** or a **long-term project** ?
- what are you willing to **negotiate** ?
- do you see yourself **working for a company** or as an **entrepreneur** ?
- what **support** do you have already **in Portugal** ?

# Second, get information about

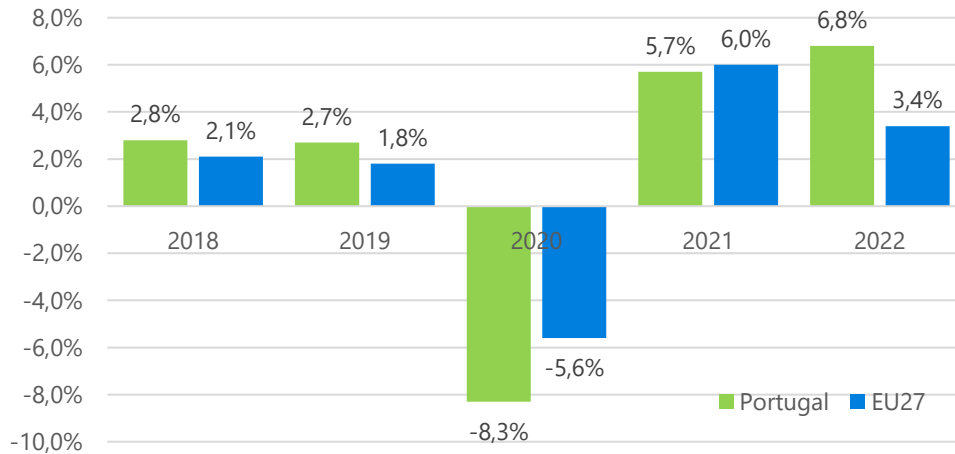
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- **Living conditions**
  - cost of living
  - accommodation
  - access to healthcare & education
- Where (and when) to **learn Portuguese**
- **Labour market** and job opportunities

# Economy & labour market

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Real GDP Growth Rate



Source: Eurostat

**6,5%**  
unemployment rate

Source: Eurostat, Sept. 2023

**99,9%** of employers **SMEs**  
(96% ≤ 10 workers)

**77,6%** employment

**73,5%** Service activities

Source: INE, National Statistics Institute



# Recruiting sectors

## Customer Service

- Contact Centres (*inbound, outbound*)
- Shared Service Centres (sales, HR, administration, accountancy & control management)

Languages

## ICT & Digital

- SW, web & multimedia Programmers
- IT Engineers
- Content reviewers

## Healthcare

- Medical Doctors (several specializations)
- Nurses
- Elderly Care Assistants

Professional  
Recognition

## Tourism & HORECA

- Chefs, Cooks, Kitchen Helpers
- Waiters & Bartenders
- Hotel Receptionists

Seasonal

## Agriculture

- Fruit picking: strawberries, blueberries, raspberries, grapes, pears,...
- Greens picking

# Other needs

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## Construction

- Civil Engineers
- Structural Metal Preparers / Erectors
- Floor Layers & Tile Setters
- Electricians; Plumbers & Pipe Fitters; Carpenters
- Earth moving Plant Operators
- Concrete Placers & Finishers

## Industry

- Electric/Electronic Equipment & Mechanical Machinery Assemblers
- Electrical Mechanics & Fitters
- Metal Finishing, Plating & Coating Machine Operators
- Shoemaking & Sewing Machine Operators
- Toolmakers; Metal Working Machine & Tool Setting Operators

## Transports & Logistics

- Heavy Truck & Lorry Drivers
- Lifting Truck Operators

## Other

- HVAC Technicians (Air Conditioning & Refrigeration)
- Telecom Engineering Technicians
- Butchers, Meat Cutters & Fishmongers
- Forestry Labourers

# Some unemployment

## Sales, Marketing & Management

- Sales & Marketing Managers
- Management & Organisation Analysts
- Advertising & Marketing professionals

## Administrative

- General Office Clerks & Office Supervisors
- Secretaries
- Receptionists (general)

## Tourism & HORECA

- Travel Consultants / Agents
- Hotel Receptionists (*during the Fall / Winter*)

## Human Sciences

- Social Workers
- Personnel & Career Professionals



# Some unemployment (2)

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## Cleaning &...

- Domestic Cleaners
- Hand Launderers and Pressers
- Messengers, Package Deliverers & Luggage Porters

## Personal Services

- Hairdressers
- Beauticians

# How to find a job in Portugal?

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## Main channels

- Job portals
- LinkedIn
- Company websites
- Job Fairs (onsite and online), [www.europeanjobdays.eu](http://www.europeanjobdays.eu)
  - Job Centres
  - Private Placement Agencies
  - Temporary Work Agencies
    - Your contact network
    - National and regional newspapers
    - Ads in storefronts and supermarket boards



# Finding a job



[www.eures.europa.eu](http://www.eures.europa.eu)

<https://iefponline.iefp.pt>

[www.europeanjobdays.eu](http://www.europeanjobdays.eu)

[www.jobsinlisbon.com](http://www.jobsinlisbon.com)

[www.jobinporto.com](http://www.jobinporto.com)

[www.itjobs.pt](http://www.itjobs.pt)

<https://empregosit.pt>

<https://portugal.jobsinnetwork.com>

<https://landing.jobs>

[www.totaljobs.com](http://www.totaljobs.com) > Portugal

[www.glassdoor.com](http://www.glassdoor.com) > Portugal

[www.expressoemprego.pt](http://www.expressoemprego.pt)

<http://emprego.sapo.pt>

[www.net-empregos.com](http://www.net-empregos.com)

<https://pt.indeed.com>

<https://jobs.universia.net/pt/>



[www.turijobs.pt](http://www.turijobs.pt)

[www.hosco.com](http://www.hosco.com) > Portugal

[www.ambitur.pt](http://www.ambitur.pt)

... + info & links @ [EURES portal](http://www.eures.europa.eu) > **how to find a job**

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# How to apply?



- ✓ **CV**
- ✓ **cover letter**
- ✗ **references**
- ✗ **diplomas, certificates, ...**

# How to apply...

## Curriculum Vitae



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- reverse chronological order or functional model, or a mix
- infographic and creative CVs more and more popular
- [Europass CV](#)
- 1-2 pages maximum, **short**, concise, **structured**
- professional (smiling) photo
- mobile: include your country's **international code number** (e.g. +32)
- **Language** and **IT** skills
- include **LinkedIn profile** & **links** to your former employers websites & courses content
- tools to use videoconference (Skype, TEAMS, Zoom,...)

# How to apply...

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## Cover | Motivation “Letter”

- as a rule, an **e-mail** (to which you attach your CV)
- **personalize** - find a contact person (head of HR)
- 2-3 paragraphs
- **keywords**
- YOU – ME – US
- your story and how it relates to the company’s story
- **personal branding**: balance facts & **motivation**
- don’t repeat Information already on the CV
- your availability for an (online) interview

# The Cover Letter

## Structure YOU – ME – US

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- **show your interest in the position / company** - shortly write about the company and the job position
- **highlight your skills** - write about main experiences where you gained or already proved the qualities and skills that are required for the position
- **let them know your motivation** - why do you want this job? what inspires you about this position and the company?
- **mention which added values you'll bring them**, but also, what you can learn from them

# The Interview

## Interview using video conferencing software

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- use a laptop or computer
- make sure you have a **good internet** connection
- choose a professional **background**
- pick a **quiet** spot with good lighting
- dress **appropriately** – avoid busy patterns and accessories
- use appropriate **body** language
- stay **focused** and look into the camera
- consider the **delay** in the conversation
- **practice** using video conferencing software



# The Interview

## Most asked questions: practise answering

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- Can you tell me about **yourself**?
- What are your greatest **strengths** and **weaknesses**?
- Why are you the **right person** for this job?
- Why are you **leaving** your job?
- Why are you willing to **move** to Portugal for this job?
- How will you **adapt** to Portuguese work culture?
- Would you consider learning **Portuguese**?
- What do you know about **our industry** and competitors?
- Where do you see **yourself in x years**?

# Who are You on Social Media?

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**Recruiters may google you!  
if you have public profiles**

**be aware of the contents shared!**

# ...an important tool

- increasingly used to recruit qualified workers
- find out more about your professional activity and skills
- get an inside look into your interests and preferences
- make sure that your LinkedIn profile is up-to-date
- follow top companies in the field of your work
- personalize your public profile URL <http://www.linkedin.com/in/your name>
- create a QR Code for your LinkedIn



Obrigad@!  
**THANK YOU!**

[ec.europa.eu/eures](https://ec.europa.eu/eures)

[europeanjobdays.eu](https://europeanjobdays.eu)

[iefp.pt/eures](https://iefp.pt/eures)

[eures@iefp.pt](mailto:eures@iefp.pt)

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