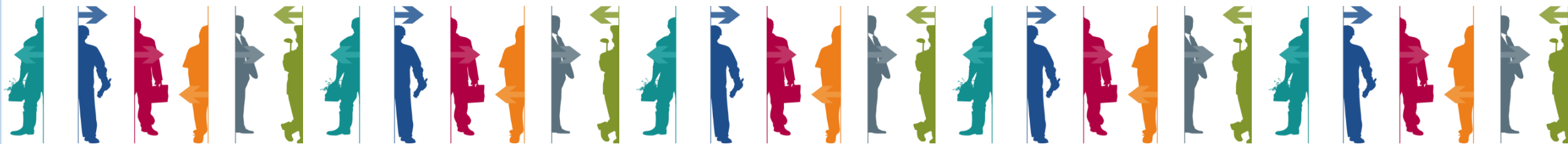


LIVING & WORKING IN NORWAY

EURES



WHAT IS EURES?

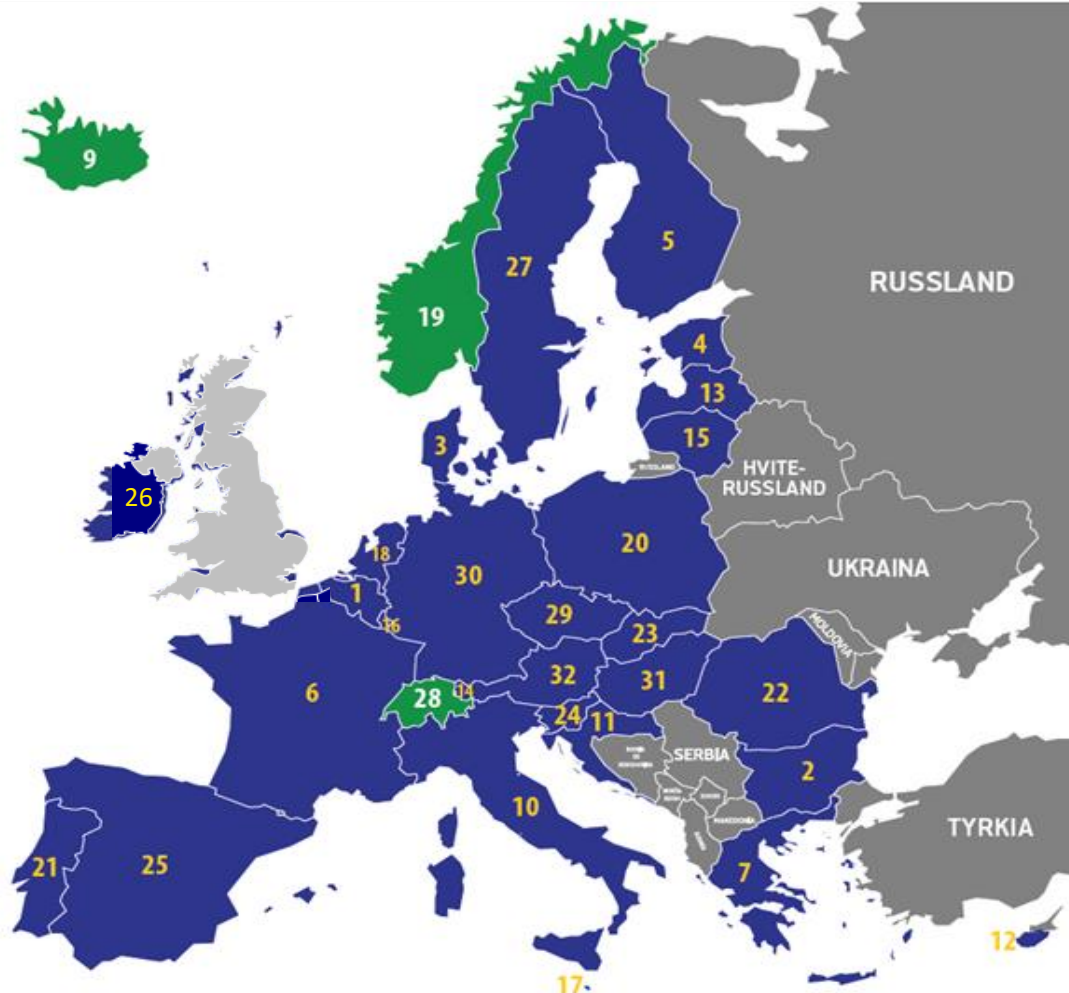
EUROPEAN EMPLOYMENT SERVICES

Free. Multilingual. Human Network





OVER 1000 EURES ADVISERS



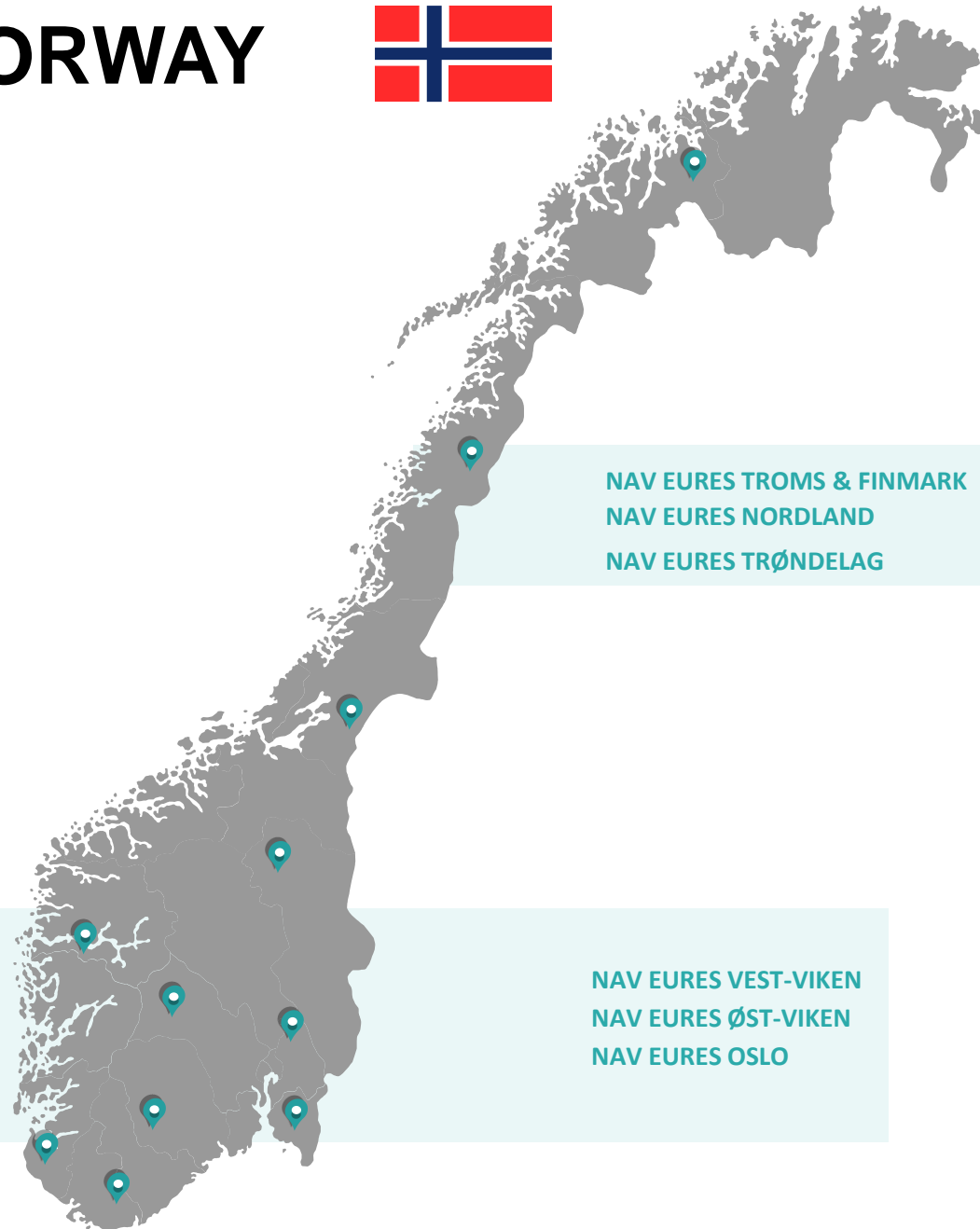
- 1 Belgia
- 2 Bulgaria
- 3 Danmark
- 4 Estland
- 5 Finland
- 6 Frankrike
- 7 Hellas
- 8 Irland
- 9 Island
- 10 Italia
- 11 Kroatia
- 12 Kypros
- 13 Latvia
- 14 Liechtenstein
- 15 Litauen
- 16 Luxembourg
- 17 Malta
- 18 Nederland
- 19 Norge
- 20 Polen
- 21 Portugal
- 22 Romania
- 23 Slovakia
- 24 Slovenia
- 25 Spania
- 26 Irland
- 27 Sverige
- 28 Sveits
- 29 Tsjekkia
- 30 Tyskland
- 31 Ungarn
- 32 Østerrike



- 35 Østerrike
- 37 Ungarn
- 30 Tyskland
- 29 Tsjekkia
- 28 Sveits
- 25 Spania



EURES IN NORWAY



NAV EURES TROMS & FINMARK
NAV EURES NORDLAND
NAV EURES TRØNDELAG

NAV EURES VESTLAND
NAV EURES INNLANDET
NAV EURES VESTFOLD & TELEMARK
NAV EURES ROGALAND
NAV EURES AGDER

NAV EURES VEST-VIKEN
NAV EURES ØST-VIKEN
NAV EURES OSLO



To find your nearest EURES Adviser, go to eures.europa.eu



EURES SERVICES

EURES services for Jobseekers



Find a job



Contact an employer



Create a CV



Get job alerts



Get recruitment hints and tips



Contact a EURES Adviser



Information on living and working abroad



Financial support for moving abroad through targeted mobility schemes

EURES on Social Media



<https://ec.europa.eu/eures/public/en/contact>



www.facebook.com/EURESjobs/



twitter.com/EURESJob



www.linkedin.com/company/2744601



www.youtube.com/user/EURESjob

NORWAY IN A NUTSHELL

NORWAY



Religion
Protestant



Average yearly earnings
587 600 NOK



Government
Unitary Parliamentary



Capital City
Oslo



Population
5,402,171



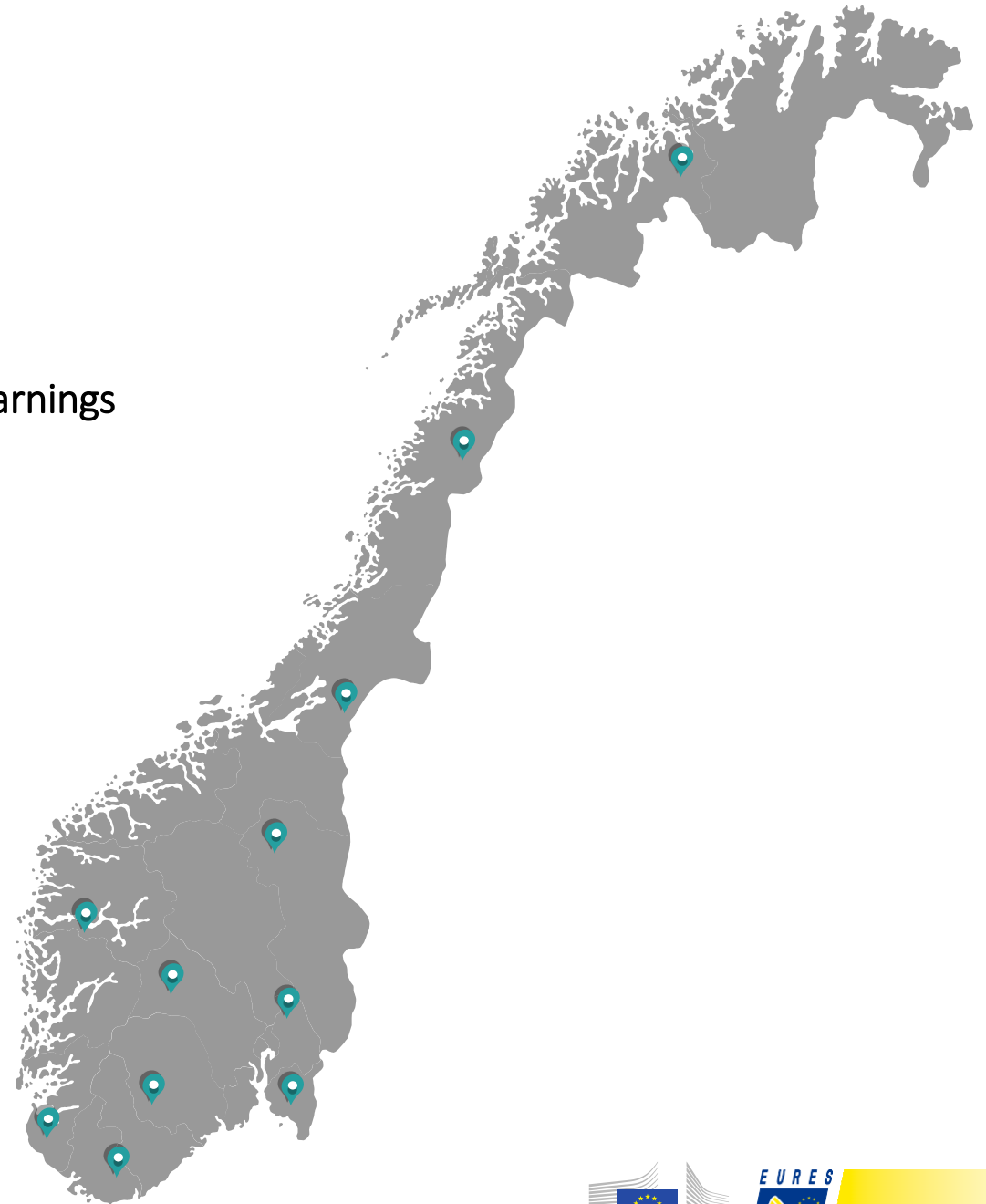
History
Viking



Timezone
CET (UTC +1)



Language
Norwegian and Sami



English in **Norway**



#5
of 100 countries/regions

Very high proficiency
EF EPI score **624**
Position in Europe **#5/34**



Share results of
Norway

Source: ef.com



Norway
Share results of

NORWEGIAN LANGUAGE COURSES

Some useful links if you want to learn Norwegian online:

<https://www.ntnu.edu/now/info/guide>

<https://note.no/en/>

- https://www.youtube.com/results?search_query=norski%C3%A6rer+karene
- <https://norwegianabc.com/lessons>
- www.kompetansenorge.no/English - See “Immigrant integration” for all the accredited language course providers in Norway
- www.folkeuniversitetet.no/ - Class room courses
- www.aof.no - Class room courses
- <https://felles.oslovo.no/> - Courses in Oslo



How to learn Norwegian fast?

Vocabulary
Learn the most used Norwegian words. Get our free e-book.

Read
Norwegian children's books.

Watch
Norwegian tv and movies

Listen
radio and audiobooks

Write
your daily journal in Norwegian

Speak
In Norwegian even if you think you can't

Make it a lifestyle
Make Norwegian a part of your life.

Think in Norwegian
for one minute every day.

Record yourself and listen

Attend a language cafe.

Find a hobby
Find a group or a club around your hobbies and join locals.

Take an online course
NorwegianAcademy.com



WHY NORWAY



WORK CULTURE



TRUST

EMPOWERED
EMPLOYEES

WORK/LIFE BALANCE

A GOOD WORKING
ENVIRONMENT

GENDER EQUALITY

SCANDINAVIAN
MODEL

QUICK AND INFORMAL
COMMUNICATION

FLAT STRUCTURE

The Social Guidebook to Norway

An Illustrated Introduction

God norsk Jul!



HAPPY



SAD



ANGRY



DRUNK

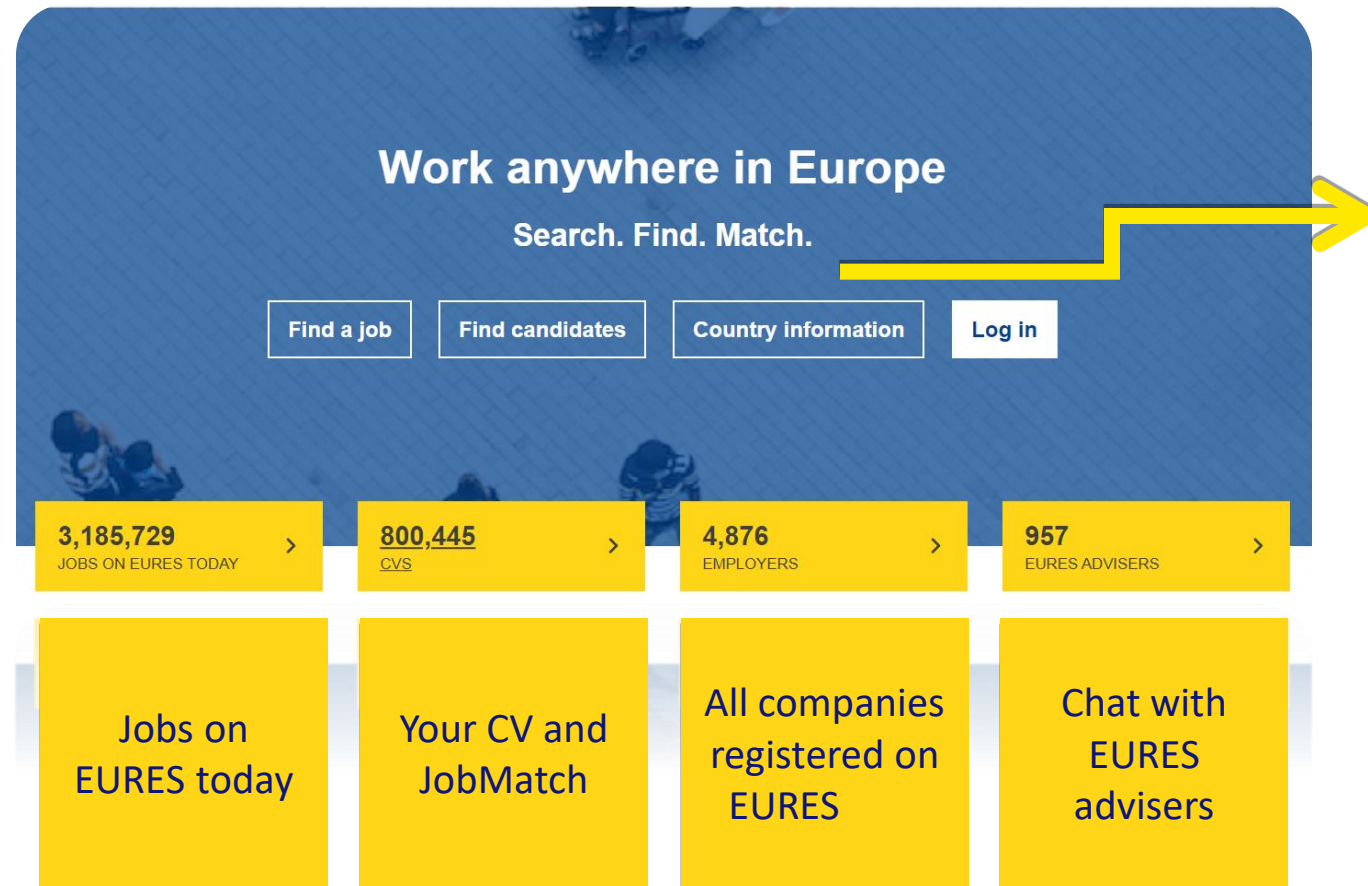
Julien S. Bourrelle



JOB SEARCH

Where can you search for jobs and information?

- EURES-portal www.eures.europa.eu



The screenshot shows the EURES portal homepage with a blue background. At the top, it says "Work anywhere in Europe" and "Search. Find. Match." Below this are four buttons: "Find a job", "Find candidates", "Country information", and "Log in". A yellow arrow points from the "Country information" button to a yellow box on the right. Below the buttons are four yellow boxes with statistics: "3,185,729 JOBS ON EURES TODAY", "800,445 CVS", "4,876 EMPLOYERS", and "957 EURES ADVISERS". At the bottom are four yellow boxes with text: "Jobs on EURES today", "Your CV and JobMatch", "All companies registered on EURES", and "Chat with EURES advisers".

Find information about the labour market and living and working conditions in each country in Europe.



Where do you find all vacancies in Norway?

- Arbeidsplassen.no – Ledige stillinger (Vacancies)

The screenshot shows the 'Ledige stillinger' (Vacancies) page on the website 'arbeidsplassen.no'. The page features a search bar with the text 'Søk' and a magnifying glass icon. Below the search bar is a list of regions with checkboxes and counts: Agder (19), Innlandet (8), Møre og Romsdal (29), Nordland (11), Oslo (177), Rogaland (70), Svalbard (1), Troms og Finnmark (44), Trøndelag (122), Vestfold og Telemark (28), and Vestland (80). The page displays two job listings:

- IB DP Language A (English) Teacher** (marked with a star icon)
Faglærer
Oslo
Publisert: 05.11.2021
Søknadsfrist: 18.12.2021
Employer: Norlights International School Oslo As
- Talented English as well as Spanish German or Italian speaking Northern Lights guides wanted** (marked with a star icon)
Turguide
Tromsø
Publisert: 22.11.2021
Søknadsfrist: Snarest
Employer: Northern Norway Travel AS

At the bottom of the page, there is a partial listing for 'Internally with us, we communicate in Polish, ...' (marked with a star icon). The top right corner of the page has a 'Logg inn' button. The page also indicates 'Viser 1616 stillinger i 664 annonser' and 'Sortér etter Mest relevant'.



Where do you find all vacancies in Norway?





Work in Norway
The Official Guide



Work in Norway

Citizens from
Nordic countries



Citizens from
EU/EEA



Citizens from countries
outside EU/EEA



Doing business
in Norway

Persons and companies
looking to **provide
temporary service in
Norway**



Persons and companies
looking to **start a
permanent business in
Norway**



Companies in Norway
**buying services abroad or
recruiting foreign workers**



Doing business
in Norway



Doing business
in Norway



Doing business
in Norway



Doing business
in Norway



Your First EURES Job – www.yourfirsteuresjob.se

An EU-program for young nationals that are between 18-35 years old



Flight costs



Relocation costs



Language course



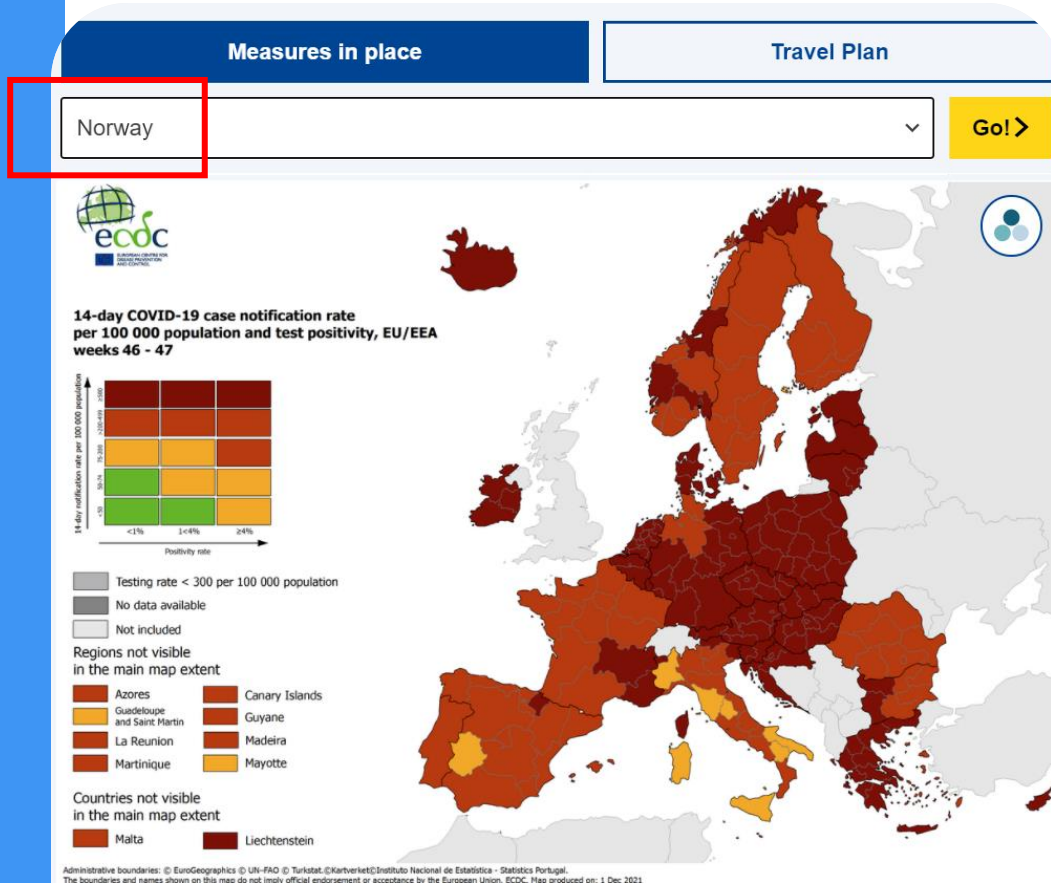
Translations and/or recognition of certificates and diplomas



Other benefits

RE-OPEN EU

Re-open EU



Re-open EU

NOTICE

Due to the frequency of the updates, aimed at offering relevant information at all times, this tool partly relies on automatic machine translations. We apologise for any inconvenience and we strive to continuously improve the user experience.

Re-open EU is also available as a Mobile App!



<https://reopen.europa.eu/en>



CONTACT EURES

Contact EURES



<https://ec.europa.eu/eures/public/en/chat-with-eures-advisers>

The screenshot shows the EURES website interface. At the top, there are navigation tabs for 'Commission and its priorities' and 'Policies, information and services'. Below this is the European Commission logo and a search bar. The breadcrumb trail reads: 'European Commission > EURES > EURES Services > What can EURES do for you? > EURES Advisers'. The main header is 'EURES'. A user profile 'Laura C. Skibsted' is visible in the top right. A navigation menu includes 'Home', 'Jobseekers', 'Employers', 'Living & Working', 'EURES Services', and 'My EURES'. A sidebar on the left is titled '> EURES Services' and lists: 'EURES in your country', 'EURES in cross-border regions', 'How to become a EURES Partner/Member', 'What can EURES do for you?', 'EURES Advisers', 'Chat with EURES Advisers', and 'Search for EURES Advisers'. The main content area is titled 'EURES Advisers' with a help icon. It contains the following text: 'EURES offers a network of advisers to provide the information required by jobseekers and employers through personal contacts. There are more than 900 EURES advisers across Europe and the number is growing. EURES advisers are trained specialists who provide the three basic EURES services of information, guidance and placement, to both jobseekers and employers interested in the European job market. They have developed specialised expertise in the practical, legal and administrative matters relating to mobility at national and cross-border levels. They work within the Public Employment Service of each member country, or within other partner organisations in the EURES network. To find a EURES adviser in your country or your cross-border region, use the search form below. You can contact the EURES advisers by email or by phone. Please note that our advisers have a busy schedule and emails could take a while to get answered.' The footer includes the EURES logo, 'The European Job Mobility Portal', social media links for Facebook, Twitter, LinkedIn, YouTube, and Instagram, and a newsletter subscription link. It also features links for 'Contact EURES Helpdesk' and 'Data Protection Statements'. The bottom of the page has a dark blue bar with 'European Commission', 'Follow the European Commission', and 'European Union' sections.





NORWAY IS LOOKING FOR ICT TALENTS

🕒 06 DECEMBER 2021

@ Online event



ABOUT THIS EVENT



VIEW AGENDA

More about this event

*You are an IT specialist **#softwaredevelopment** **#systemarchitecture** **#informationsecurity** **#cloudcomputing** **#AI** **#andmore***

*You have a Bachelor or a Master's degree or just an **impressive portfolio** and you are curious about which opportunities Norway has to offer?*

Additional information

About this event

Toolkit for Jobseekers

Websites for job search within ICT in Norway

What can you do already today?

Have a look at your qualifications and update your cv

Think about the type of jobs you are interested in.

Get in touch with an EURES adviser.

Search for vacancies on the EURES portal or on arbeidsplassen.no

Update your profile on LinkedIn

Get to know as much as possible about living and working in Norway





Thank you for your time!
Questions or you want more information?

EURES Contact Centre
eures@nav.no
nav.no/eures

