

EUROPEAN
JOB DAYS

Living & working in ITALY

🕒 March 2026



Seize the Summer with EURES



Agenda

- Brief overview of the Country
- The Tourism sector
- Most wanted profile
- Tips and tricks





ITALY: SOME DATA

AREA	301.340 km ²
POLITICAL SYSTEM:	Parlamentary Republic
CAPITAL CITY	Rome
OFFICIAL LANGUAGE:	Italian
POPULATION:	58.697.744
FOREIGNERS:	5.4 million (8,6% tot population)
CURRENCY	Euro
OTHER MAIN CITIES:	Milan, Turin, Genoa, Bologna, Naples
BORDERING COUNTRIES	France, Switzerland, Austria, Slovenia and two enclaves: San Marino and Vatican City.



EU Member Country: since 1st January 1958





THE BEAUTY OF ITALY

elegant cities

beaches

history

landscape

breathtaking views

nature





THE BEAUTY OF ITALY

Life style

Arts

Music

Literature

Architecture

Food



THE TOURISM SECTOR

Italy is a global tourist destination known for its **historical sites, art, cuisine, and natural beauty.**

The tourism industry is one of the fastest-growing sectors providing ample job opportunities in various fields such as **hospitality, travel agencies, entertainment, tour operations, and event management.**

The 2026 season will be particularly vibrant due to major events like the **Jubilee, Winter Olympics and Milan Fashion Weeks**, attracting **international crowds** and creating a lively social environment for workers.



GREEN TOURISM IN ITALY

Green tourism in Italy focuses on sustainable, low-impact travel, blending eco-friendly accommodation with slow, experiential activities.

- **Tuscany:** Known for rural agritourism, cycling between villages, and exploring the countryside
- **Dolomites:** Offers eco-conscious hotels in the Alps with a focus on respecting nature
- **Lake Districts:** (Como, Garda, Maggiore) Features electric boating, hiking trails, and eco-resorts
- **Umbria:** Known as the "Green Heart of Italy," offering trails like the Via di Francesco



Most wanted:

- Certified Hiking Guide (Guida Ambientale Escursionistica)
- Mountain Guide (Guida Alpina)
- Cycling Tour Leader
- Nature Guide
- Trail/ Route Manager



TOURISM SECTOR IN ITALY – SOME DATA

- Italian tourism reached record-breaking levels in 2025, with total tourist arrivals **climbing to 185 million, a 7.1% increase** over 2024. This growth was fueled by a significant **rise in international visitors**.
- **Luxury Tourism**: Continues to be a powerhouse, with 5-star hotels generating over €9 billion in turnover in 2024 and projected to attract 4.6 million visitors in 2025, while **Wedding Tourism** reached a valuation of nearly €1 billion in 2024, a double-digit increase from previous years.
- **Shopping tourism** is experiencing significant growth, driven by international visitors.
- Lazio for **business travel**, Emilia-Romagna for **sports tourism**, and Trentino-Alto Adige and Campania for **cycle tourism**.
- The most **cultural cities** are Rome, Florence, Milan and Naples.



SEASONAL WORKS IN ITALY – WHERE TO FIND



Destinations:

Sea: Sardinia, Sicily, Tuscany, Riviera
Romagnola, Puglia

Mountains: Alps, Dolomites (Trentino-Alto
Adige) Aosta Valley, Appennini Mountains

Lakes: Lake Garda, Lake Como,

Touristic Cities:(Less Seasonal, More Year-
Round) Rome, Florence, Milan, Venice,
Siena, Naples..



WHY CHOOSING ITALY FOR A SUMMER JOB?

Choosing to work in Italy for the 2026 summer season offers a blend of **professional growth** and **cultural immersion**

ELEVATE YOUR PROFESSIONAL PROFILE

- Build In-Demand Skills
- Experience Authentic Cultural Integration
- Unlock Long-Term Opportunities

EMBRACE THE ITALIAN WAY OF LIFE

- An Outdoor-Oriented Lifestyle
- Vibrant Social Environment
- Memories that will last for ever

WE ARE LOOKING FOR YOU



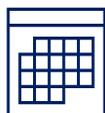
SEASONAL WORKS IN ITALY IN THE TOURISM SECTOR



Seasonal works are those lasting for a period included from **twenty days to nine months**



Seasonal work in Italy is **regulated and contracted** out in the agricultural and the hotel tourism sector



Work activities related to these sectors only take place in a **certain period of the year** and are characterized by a lack of continuity

TIMING

The best time to apply for seasonal work in Italy

For Summer position start applying **between January and March**.
The most competitive jobs in popular destinations can fill up quickly



PROFILES IN DEMAND IN THE HO.RE.CA. SECTOR

Front-of-House & Guest Service

- **Restaurant Manager / Bar & Restaurant Manager** – leadership role in operations and guest satisfaction
- **Maitre / Head Waiter** – supervises service and guest experience
- **Waiter / Waitress** – high demand, front-line guest service
- **Host/Hostess / Receptionist** – first contact with guests

Bar & Beverage Roles

- **Barman / Bartender / Barista** – strong demand in urban and tourist areas
- **Sommelier / Beverage Specialist** – niche but growing with premium dining

Kitchen & Food Preparation

- **Chef / Head Chef** – leading kitchen operations
- **Sous Chef / Capo Partita** – key kitchen support
- **Commis di Cucina / Demi-Chef / Line Cooks** – high openings across cities
- **Aiuto Cuoco (Assistant Cook)** – strong base demand nationwide

Hotel & Support Roles

- **Hotel Manager / Operations Supervisor** – management of hotel operations
- **Front Office Agent / Guest Relations** – guest care and check-in/out
- **Housekeeping (Room Attendant / Porter)** – essential staff for hotels

Other In-Demand Jobs

- **Banqueting Staff / Event Catering** – seasonal & event work
- **Kitchen Support (Dishwasher / Steward)** – always needed

PROFILES IN DEMAND IN THE HO.RE.CA. SECTOR

NORTH

-  Waiting staff / Food & beverage attendants
-  Chefs / Commis chefs
-  Multilingual receptionists
-  Housekeeping staff
-  Revenue & Channel Managers

SOUTHERN ITALY & ISLANDS

-  Resort entertainers
-  Lifeguards / Beach managers
-  Seasonal reception staff
-  Maintenance technicians
-  Restaurant service staff

CENTRAL ITALY

-  Tourist guides
-  Guest relations officers
-  Chefs / Pastry chefs
-  Event planners
-  Digital travel specialists

Cross-Cutting Trends 2026

-  Digital & revenue management skills (OTAs, pricing, CRM)
-  Multilingualism
-  Sustainability and green management
-  Advanced soft skills (customer care, problem solving)
-  Recruitment challenges for operational roles



WAGES

Tourism & Ho.Re.Ca. Sector

Basic gross monthly salaries – full time (according to the National Collective Agreement – CCNL Tourism)

-  **Hotel Manager**
 ~2,280 € / month
 Overall hotel management and coordination
-  **Hotel Restaurant Manager / Head Chef (multi-kitchen)**
 ~1,900 € / month
 Kitchen management and team coordination
-  **Reception Manager / Head Bartender / Assistant Manager**
 ~1,740 € / month
 Front desk, guest services, bar supervision
-  **Maître / Night Porter / Single Chef**
 ~1,640 € / month
 Customer service, night shifts, kitchen roles
-  **Lifeguard / Waiter**
 ~1,450 € / month
-  **Commis de cuisine / Chambermaid / Porter**
 ~1,400 € / month
-  **Dishwasher**
 ~1,290 € / month

WAGES

Tourism animation & entertainment sector IT

Gross monthly salaries – full time (according to the National Collective Agreement – CCNL)



Village Leader



~2,500 € / month



Team coordination, activities planning, leadership role



Chief Entertainer



~1,800 € / month



Shows, events coordination, team support



Entertainment Staff (Manager, Singer, Sales Advisor)



~1,550 € / month



Performances, guest interaction, daily activities



Animator with experience



~1,370 € / month



Sports, games, mini-club, entertainment programs



Animator without experience



~1,190 € / month



Entry-level positions, on-the-job training included

Sources:

National Council for Economics and Labour (CNEL)

LavorareTurismo.it

Unioncamere – Excelsior



COST OF LIVING IN ITALY

Italy is not all the same. Cost of living changes by region

NORTH

High cost

Index ~70–80+

 Expensive rent

 More jobs

CENTRE

Medium cost

Index ~63–65

 Balanced lifestyle

 Good services

SOUTH

Lower cost

Index ~60–64

 Cheaper housing

 High quality of life

FOOD & GROCERIES (Retail)

Typical supermarket prices (national average):

- Milk (1 L): ~€1.42
- Fresh bread (500 g): ~€2.06
- White rice (1 kg): ~€2.61
- Eggs (12): ~€3.57
- Beef (1 kg): ~€17.55
- Apples (1 kg): ~€2.22
- Tomatoes (1 kg): ~€2.90

HOUSING & UTILITIES

Typical rents (national average):

- 1-bedroom apt (city centre) → ~€731/month
- 1-bedroom apt (outside centre) → ~€576/month
- 3-bedroom apt (city centre) → ~€1,305/month
- 3-bedroom apt (outside centre) → ~€957/month

Utilities for an 85 m² apt (electricity, heating, water, garbage): → ~€200/month

EATING OUT & DRINKS

Restaurant & café prices (national averages):

- Meal at inexpensive restaurant  ~€16 per person
- Domestic beer (0.5 L): ~€5
- Cappuccino: ~€1.74
- Bottled water (0.33 L): ~€1.21

SOME USEFUL TIPS BEFORE MOVING...

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Read the contract carefully

Yes, really. In Italy what is written counts more than what is promised.

- 👉 Check:
- Working hours
- Days off
- Accommodation (if provided)
- Overtime rules

💡 *If it's not written, it probably doesn't exist.*



Who pays for travel & accommodation? Ask before you pack

Before saying “yes”:

- ✈️ Who pays the trip?
- 🏠 Is accommodation included? Shared? Paid?

😏 *Showing up with a suitcase and no bed is not part of the Italian dream.*



Bring your documents – Italians LOVE paperwork

Don't forget:

- CV and cover letter (preferably in Italian)
- References
- Certificates and licences

📁 *If you think you don't need a document... bring it anyway.*



European Health Insurance Card = MUST

Free healthcare access in emergencies and basic care.

💡 *You hope you won't need it — but you'll be very happy if you do.*



SOME USEFUL TIPS BEFORE MOVING...

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Cappuccino rule (VERY IMPORTANT)

- Cappuccino  = only before 11:00
 - After lunch? Espresso only.
-  Ordering a cappuccino after lunch will not get you fired... but you will be judged.

Learn a few Italian words (and gestures!)

At least:

- “Buongiorno”
 - “Grazie”
 - “Scusi”
-  Hand gestures are optional, but highly recommended.

Food is not just food

- Lunch breaks are sacred.
 - Talking about food = social skill.
-  If you say “Italian food is overrated”... don’t.

Ask EURES for help – that’s what we’re here for

EURES advisers can help with:

- Living conditions
- Work conditions
- Practical doubts

 *You are not alone — and you don’t have to figure everything out yourself.*



OFFICIAL JOB OFFERS WEBSITES

- The Portal of the Ministry of Labour and Social Policies (Cliclavoro):
<https://www.cliclavoro.gov.it>
- To consult and apply for job offers on some Region websites you need generally to register through the SPID (Public Digital Identity System) or eIDAS
- Private Job Agencies: authorized by Labour and Social Policies Ministry and registered on the board of work agencies are 4000



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Europeanjobdays.eu/SeizetheSummer2026

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#EURESjobs

#SeizetheSummer

#WorkinItaly



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For further information



WEBSITES OF TOURISM SECTOR

National & Territorial Organisations

www.ebnt.it

www.ebtgardesano.it

Museums and archaeological sites

www.musei.beniculturali.it/musei

Amusement Parks (Seasonal jobs)

www.cavallinomatto.it/lavora-con-noi

www.leolandia.it/lavora-con-noi.html

www.magicland.it/it/Info/Contatti

www.cinecittaworld.it/it

www.italiainminiatura.com/chi-siamo/lavora-con-noi

Private Job-Matching Platforms

www.lavoroturismo.it

www.jobintourism.it

www.animandia.it

www.ticonsiglio.com

Official National Portal

www.cliclavoro.gov.it

 *These websites publish seasonal and permanent job offers in the tourism sector*

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