



# Living and working in Portugal

Seize the Summer with EURES  
22 March 2022



# Portugal facts & figures

**Area** 92,412 km<sup>2</sup>

**Territorial organization** 5 regions in the Mainland,  
2 autonomous regions (Azores & Madeira)

**Capital** Lisboa (Lisbon)

**Population** 10.304.802 (2021)

**Official language** Portuguese

**Currency** Euro

**Per capita GDP** (PPS) 76% UE27 (2020)

**Unemployment rate** 6,0% (Jan. 2022)



# Tourism sector

## The driving force of the economy and labour market

- **18,7%** of GDP and **9%** of employment in 2020
- in 2021, **14,5** mio. guests (+39,4% than in 2020) and **37,5** mio. overnight stays (+45,2%)
- total tourism **income** increased by **61,2%** from 2020 to 2021
- **foreign tourists'** overnight stays represented **49,8%** of total
- **short breaks** still dominant, mostly in Lisbon (& Porto)

# Our tourism sector

## Where do our tourists come from?

### In the EU/EEA+CH

- Spain
- Germany
- France
- Netherlands
- Scandinavia (SE, DK, FI, NO)
- Italy
- Belgium
- Switzerland
- Poland
- Ireland
- Romania

### Others

- UK
- Brazil
- USA
- Canada
- Russia
- China
- South Korea
- Angola
- Japan

# Our tourism sector

(seasonal) demand for workers

## *Profiles most looked after*

Chefs / Chefs de Partie / Commis-Chefs / Sous-Chefs

Cooks / Confectioners / Pastry-cooks

Reservation Agents / Travel Advisors / Customer Service

Waiters / Bartenders

Hotel Receptionists / Night Auditors

Tourist Entertainers

Kitchen Stewards

Room Service / Housekeeping Attendants

Maintenance Workers

SPA Therapists

Pool Vigilants

# Recruiting companies in Seize the Summer



# Tourism sector: wages in Portugal

Minimum wage (2022): **€705**

Avg. monthly earnings (2019): **€1.188**

in **Hotel & Catering: €811,9**

**X 14 MONTHS**  
(holidays & Christmas)

## Indicative Wage Ranges

Hotel receptionist	€ 720 - 900	Massage Therapist	€ 750 - 950
Bartender / Barman	€ 750 - 920	Outdoor Adventure Guide	€ 800 - 1300
Waiter	€ 750 - 900	Travel Agent / Consultant	€ 750 - 950
Cook	€ 850 - 1000	Call Centre Agent – Inbound	€ 750 - 1150
Chef	€ 1000 - 1500	Travel Guide	€ 750 - 900
Kitchen Helper	€ 750 - 850	Travel Organiser	€ 750 - 1200
Room Service	€ 720 - 890	Entertainer	€ 750 - 1050

# Working conditions

**Short term contracts**  
in written

## Working time & holidays

- 40 hours/week
- 22 holidays (annual leave)
- 13 bank holidays +...

**Lisbon** the highest  
wage level in Portugal

### Social security

Worker 11%

Employer 23,75%

Freelancer 21,4%

### IRS (personal income tax)

Variable annual rate 14,5% - 48%

[www.seg-social.pt](http://www.seg-social.pt)

[www.portaldasfinancas.gov.pt](http://www.portaldasfinancas.gov.pt)



# Learning Portuguese



nearly **260 million speakers** in the World



[www.instituto-camoes.pt](http://www.instituto-camoes.pt)



<http://pptonline.acm.gov.pt>

[www.portuguesmaisperto.pt/EN](http://www.portuguesmaisperto.pt/EN)

other **e-learning** platforms

- [www.practiceportuguese.com](http://www.practiceportuguese.com)
- [www.portugueselab.com](http://www.portugueselab.com)
- [www.portugalist.com](http://www.portugalist.com)

... and more

# Living Costs... Housing



Monthly rent: 45m<sup>2</sup> furnished studio in expensive area €728



Monthly rent: 45m<sup>2</sup> furnished studio in normal area €588



Utilities 1 month (heating, electricity, gas, ...) 1 person €134



Internet 8 mbps (1 month) €31



40" flat screen TV €355



Laundry detergent (3 l.) €8










Hourly rate for cleaning help €8

# Living Costs... Food

	Basic lunchtime menu in the business district	€9
	Combo meal in fast food restaurant	€6
	500 gr of boneless chicken breast	€2,72
	1 lt whole fat milk	€0,93
	12 eggs, large	€2,49
	1 kg tomatoes	€1,54
	500 gr local cheese	€4,23

	1 kg potatoes	€ 1,64
	1 kg apples	€1,01
	0.5 l domestic beer in the supermarket	€1,23
	1 bottle of red wine, good quality	€5,05
	2 lt coca-cola	€ 2,07
	Bread for 2 people 1 day	€ 0,84
	<b>Average consumer basket for 1 person</b>	<b>€200</b>

# Living Costs... Entertainment

	Basic dinner out for two in neighborhood pub	€24
	2 tickets to the movies	€14
	Full course meal for 2 @Italian restaurant in expat area	€41
	1 cocktail drink in downtown club	€ 7
	Cappuccino in expat area of the city	€2,59
	1 beer in neighbourhood pub (500ml)	€1,94
	1 min. prepaid mobile tariff (no discounts or plans)	€0,20

[www.expatistan.com/cost-of-living/country/portugal](http://www.expatistan.com/cost-of-living/country/portugal)

# Living: some useful links

## Cost of living

<http://bit.ly/PTcostofliving> (EURES Portal)  
[www.numbeo.com](http://www.numbeo.com)

## Accommodation

[www.comprarcasa.pt](http://www.comprarcasa.pt)  
[www.bquarto.pt](http://www.bquarto.pt)  
[www.uniplaces.com/pt](http://www.uniplaces.com/pt)  
[www.era.pt](http://www.era.pt)  
[www.remax.pt](http://www.remax.pt)  
[www.imo-portugal.pt](http://www.imo-portugal.pt)  
[www.lardocelar.pt](http://www.lardocelar.pt)  
[www.idealista.pt](http://www.idealista.pt)

## Healthcare

[www.sns.gov.pt](http://www.sns.gov.pt) (NHS)  
[http://bit.ly/HealthAccess\\_EUcitizens](http://bit.ly/HealthAccess_EUcitizens)  
<https://covid19estamoson.gov.pt/> (COVID measures)  
<https://covid19.min-saude.pt/> (COVID19 status)

**ePortugal: public service gateway** <https://eportugal.gov.pt/>

# Finding a job

[www.eures.europa.eu](http://www.eures.europa.eu)

<https://iefponline.iefp.pt>



[www.turijobs.pt](http://www.turijobs.pt)

[www.ambitur.pt](http://www.ambitur.pt)

[www.hosco.com](http://www.hosco.com) > Portugal

[www.turilink.pt](http://www.turilink.pt)

[www.jobsinlisbon.com](http://www.jobsinlisbon.com)

[www.jobinporto.com](http://www.jobinporto.com)

[www.expressoemprego.pt](http://www.expressoemprego.pt)

<http://emprego.sapo.pt>

# Applying for a job



- **motivation letter + CV** (photo highly recommended)
- CV: **reverse chronological** order or **functional** model; **infographic** more and more popular
- **1-2 pages**, short, concise, structured
- if you don't speak / write Portuguese, write CV **in English...**
- you can (still) use **Europass CV...**
- **phone**: your country's international code number (e.g. +33)
- include a **Skype** / GoogleMeet / Teams account
- and... use your **LinkedIn** profile

# Before coming Checklist



- Valid **ID card** or **Passport**
- Knowing the **wage payment method** and frequency
- Making sure in advance there is **accommodation** in the area
- European **Health** Insurance Card
- Enough **money** to remain in Portugal until 1<sup>st</sup> wage payment
- EURES **Targeted Mobility Schemes**... support

## On arrival **administrative procedures**

- Fiscal number (NIF): [www.portaldasfinancas.gov.pt](http://www.portaldasfinancas.gov.pt)
- Bank account
- Registration at the Healthcare Service (SNS)
- EU Citizen Registration Certificate



# How to reach us EURES in Portugal



[www.iefp.pt/eures](http://www.iefp.pt/eures)



[eures@iefp.pt](mailto:eures@iefp.pt)



[www.facebook.com/eures.pt](http://www.facebook.com/eures.pt)



[www.linkedin.com/company/euresportugal](http://www.linkedin.com/company/euresportugal)



[http://bit.ly/Youtube\\_EURESpt](http://bit.ly/Youtube_EURESpt)

**Chat on Fridays** <http://bit.ly/ChatEURESpt>



**Online advice** <https://bit.ly/AdviceEURESpt>





Tack

Grazie mille

Tak

Köszönöm

Takk

Ευχαριστώ

Ačiū

Thank you

Dziękuję Ci

Vielen dank

Paldies

Kiitos

**OBRIGAD@!**

Muchas gracias

