

# ENGINEERS MOBILITY DAYS 20,212015 ALMADA FCT-NOVA

Join us online on: engineersmobilitydays.eu





# A career in Europe: where to start from?



# 



# **EURES network**





#### http://bit.ly/EURES\_testimonials\_EN





# **Reasons for moving abroad**

- Better career opportunities
- Develop your skills set
- Learn new skills
- See more of the world and expand own horizons
- Contact different management cultures
- Better salaries / social protection / living conditions
- Balancing work and professional life
- Travelling





# **Obstacles to moving abroad**

- Choosing the right country
- Language skills
- Recognition of professional qualifications / diploma
- Health care
- Finding a home
- Missing family and friends
- Affording to move abroad
- Finding a job for my wife/husband
- Cost of Living
- Fear the unknown





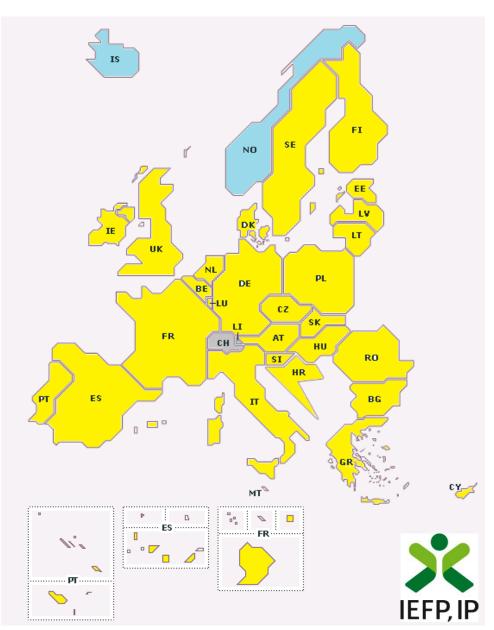


### **32 countries**

28 EU Member States

Norway, Iceland, Liechtenstein

Switzerland





### Channels:

#### **On Line Services**

•EURES Portal- <u>ww.eures.europa.eu</u>
•EURES Portugal Website- <u>www.iefp.pt/eures</u>
•NETemprego Website - <u>www.netemprego.gov.pt</u>
•EURES PT FB page – <u>ww.facebook.com/eures.pt</u>

#### **Personalized Service**

• EURES Advisers' network

### **Services:**

- INFORMATION
- RECRUITMENT
   PROJECTS
- ADVISING







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Welcome to EURES	
The European jobs network	
Please select language	·····
	English
BG CS DA DE ET EL EN ES FR GA HR IS IT LV LT HU MT NL NO PL PT RO SK SL FI SV	



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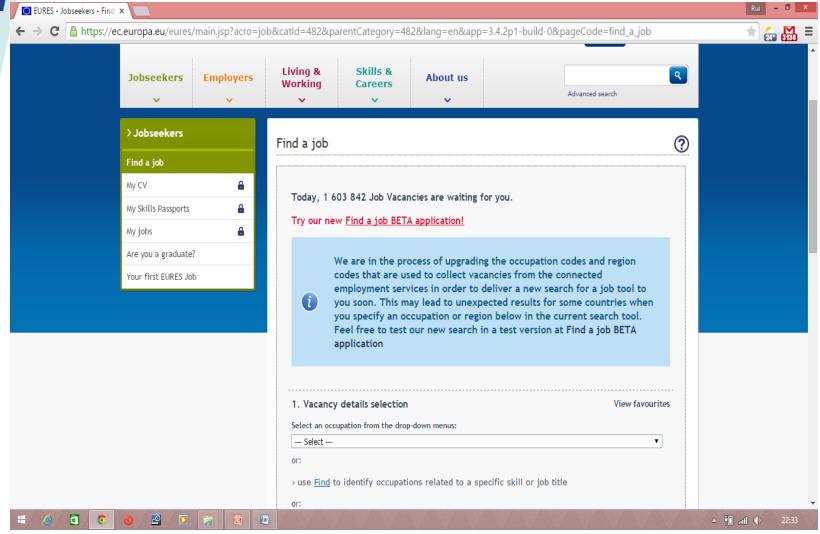
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🔁 EURES - EURES - What car 🗙 - 0 🗲 🔶 😋 💾 https://ec.europa.eu/eures/main.jsp?acro=eures&lang=en&catId=27&parentCategory=27 📩 🔬 🚮 Legal notice | Cookies | Contact | Search English (en) ۲ **EURES** European The European Job Mobility Portal Commissio European Commission > EURES > EURES > What can EURES do for you? 🔒 LOGIN Home | News | Events | Statistics | Help and support | Links 🔊 or register at EURES For full access, please : Living & Skills & Q Jobseekers Employers About us Working Careers Advanced search × × V **Related Links** What can EURES do for you? ? > National Employment Services The purpose of EURES is to provide information, advice and recruitment/placement (job-matching) services for the benefit of workers > Social partners' organisations and employers as well as any citizen wishing to benefit from the principle of the free movement of persons. What can EURES do for you? EURES is much more than the Job Mobility Portal that you are visiting right Chat with EURES Advisers now. Search for EURES Advisers EURES has a human network of more than 850 EURES advisers that are in daily contact with jobseekers and employers across Europe. EURES in cross-border regions In European cross-border regions, EURES has an important role to play in Public Employment Services providing information about and helping to solve all sorts of problems related to cross-border commuting that workers and employers may experience. Set up in 1993, EURES is a co-operation network between the European Commission and the Public Employment Services of the EEA Member States IThe EU countries plus Norway, Iceland and Liechtenstein) and other partner https://ec.europa.eu/eures/main.jsp?acro=eures&lang=en&catId=27&parentCategory=27 isations. Switzerland also takes part in EURES co-operation. The joint â 2 1W



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European Commission							
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Find a job				e university and polyte		Adviser	
My CV	â	and for those in g	eneral who have hig	her qualifications: stu As certain job sectors a	dents and		
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Are you a graduate	?			European Economic Ar sections below and th		temporary positions within the research sector of the	
Your first EURES Job		Transition from	student life to profe	essional life abroad		European Commission	
		Transition from school to work can be a time of uncertainty. Are you about to conclude (or have you concluded) your studies? Do you wish to move and			> Europass		
		flexible, determi	ned and motivated to ral environment, the	ave foreign language s o adapt both to a new n you have the profile	job and to a new	<ul> <li>&gt; NARIC - Network of National Academic Recognition Information</li> </ul>	



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- 0 😳 EURES - Living & Working 🗙 https://ec.europa.eu/eures/main.jsp?acro=lw&lang=en&catId=490&parentId=0 ⇒C 📩 🔬 🚮 ← ? Living & Working In order to be able to make informed decisions about mobility, job-seekers and employers need information on a wide range of practical, legal and administrative questions. The EURES Job Mobility Portal provides information tools which aim to give help and support when considering moving to or recruiting from another country. The Living and Working Conditions database contains details on a number of important issues such as finding accommodation, finding a school, taxes, cost of living, health, social legislation, comparability of qualifications, etc. Another valuable information tool is the Labour Market Information section, containing information on current trends on the European labour market by country, region and sector of activity. Information on upcoming events of interest for jobseekers and employers in the country or region selected can be found in the Events Calendar. > About living & working Select a country > Austria > Italy > Belgium > Latvia > Bulgaria > Lithuania > Croatia >Luxembourg FI SE > Cyprus > Malta NO > Czech Republic > Netherlands EE > Denmark > Norway L¥ DK > Estonia > Poland LT > Finland > Portugal BE PL > France > Romania DE ŧιυ > Germany > Slovakia CΖ sκ LI > Greece > Slovenia FR AT CH HII **a** 2 △ 🛍 🖬 🗘 H 0 **I**w



#### EURES **EURES** Portal - 0 EURES - Learning - About 🗙 https://ec.europa.eu/eures/main.jsp?acro=learning&catId=70&parentId=55&lang=en&app=3.4.2p1-build-0&pageCode=about\_opportunities C 📩 🚰 🚮 ۲ Legal notice | Cookies | Contact | Search | English (en) EURES European The European Job Mobility Portal Commission European Commission > EURES > Skills & Careers > About learning opportunities For full access, please : 🔒 LOGIN or register at EURES Home News Events Statistics Help and support Links 🔊 Skills & Living & Q Jobseekers Employers About us Working Careers Advanced search × v × V ? About learning opportunities > About learning opportunities Study abroad > Search for learning Living and studying in a foreign country is the best way to gain in-depth knowledge of another culture's customs, opportunities people, and language. In addition, living and studying or working in another country can develop important transnational competences that may be of interest to future employers. Students who return from a programme of study abroad often see it as an experience which matured them personally and intellectually. They appreciate being exposed to new ways of thinking and living, which encourages personal development and self-reliance. Study abroad can do more than encourage academic enrichment and personal development; it also can enhance employment prospects. Employers are increasingly seeking people who have experience of other countries, since they are likely to possess, apart from language skills, cross-cultural communication skills, an understanding of and familiarity with local customs and cultural contexts, flexibility, resilience, and the ability to adapt to new circumstances and deal constructively with different points of view. PLOTEUS The information under "Search for Learning Opportunities" comes from PLOTEUS, the Portal on Learning Opportunities ĉ. 2 IW 🔺 🛍 📶 🕩 0



#### EURES **EURES** Portal 😳 EURES - Links - European 🗙 Rui – 🗇 ← → C Attps://ec.europa.eu/eures/main.jsp?acro=links&lang=en&catId=2591&parentId=0 📩 🎰 🚮 EURES \*\*\*\* European The European Job Mobility Portal Commission European Commission > EURES > Links G LOGIN or register at EURES Home | News | Events | Statistics | Help and support | Links 🔊 For full access, please : Living & Skills & ٩ Jobseekers Employers About us Working Careers Advanced search × $\mathbf{v}$ v × v Links > Information and jobs for graduates A selection of links to other web sites of interest for job-seekers and employers. > Public Employment Services Please choose a category in the left hand column. > Other employment Most of the links have been provided by the EURES partners, but we cannot guarantee the quality and validity of all services links. Please let us know if you find any errors or if there is a site that you think would qualify for inclusion in this section, > EURES members and by sending us the link: Propose a new link partners > Education and training > Governments and administrations Internet > Social partners' organisations Organisations of social à H 2 **I**W - 🛍 al 🕩 0



# **Portal EURES**

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	European Commission > EURES > Links		
	Home   News   Events   Statistics   Hel	and support   Links 🔊	For full access, please : 🔒 LOGIN or register at EURES
	Jobseekers Employers	Living & Skills & About us	Advanced search
	Information and jobs for graduates	Links	
4	> Public Employment	Media	
	Services	> Radio/ TV > Press	
	> Other employment services	> Other media	
	> EURES members and	Austria	
	partners	> Die Presse	
	> Education and training	> Wirtschaftsblatt	
		> http://www.tt.com/tt/home/index.csp	
	<ul> <li>Governments and administrations</li> </ul>	<ul> <li>http://www.salzburg.com/</li> <li>www.wienerzeitung.at</li> </ul>	
		> Nachrichten - Österreichische Tageszeitungen (Austrian ne	ewspapers)
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# **EURES Advisers on the Portal**

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Home   News   Events   Statistics   Help	and support   Links 🔊		For full access, please : <b>COCIN</b> or register at EU	JRES
Jobseekers Employers	Living & Skills & Working Career	About us	Advanced search	٩
What can EURES do for you?Chat with EURES AdvisersSearch for EURES AdvisersEURES in cross-border regionsPublic Employment Services	Search for EURES Advisers  Search for EURES Advisers  Search for EURES Advisers  EURES offers a network of advisers to provide the information required by jobseekers and employers through personal contacts. There are more than 900 EURES advisers across Europe and the number is growing.  EURES advisers are trained specialists who provide the three basic EURES services of information, guidance and placement, to both jobseekers and employers interested in the European job market. They have developed specialised expertise in the practical, legal and administrative matters relating to mobility at national and cross-border levels. They work within the Public Employment Service of each member country, or within other partner organisations in the EURES network. To find a EURES adviser in your country or your cross-border region, use the search form below. You can contact			
	take a while to get answered.		at our advisers have a busy schedule and emails could JRES advisers through online chat (available for some	
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# **EURES PORTAL**

### How to make the most out of it?



#### http://bit.ly/EURESportal\_how\_it\_works





## **EURES Portugal Website**

# www.iefp.pt/eures

# **EURES Portugal Website**

	INSTITUTO DO EMPREGO E FORMAÇÃO PROFISSIONAL					₽ ENTRAR
	EMPREGO	FORMAÇÃO	APOIOS	IEFP	AJUDA	e-BALCÃO
I	Início > Emprego > EURES					

#### EURES

EURES é a rede europeia de serviços de emprego que visa facilitar a mobilidade dos trabalhadores a nível transnacional e transfronteiriço, no âmbito do Espaço Económico Europeu (EEE) (os 28 Estados-Membros da União Europeia, a Noruega, Liechtenstein e a Islândia) e Suíça - uma área que integra atualmente 32 países.

A rede EURES oferece serviços de informação, aconselhamento e apoio à colocação / recrutamento, promovendo o contacto entre candidatos a emprego e empregadores interessados em recrutar fora do país.

Em Portugal, a Rede EURES está integrada: no Instituto do Emprego e Formação Profissional, no Continente; no Instituto de Emprego da Madeira; na Direção Regional para o Emprego e Qualificação Profissional, nos Açores - sendo constituída por 28 Conselheiros EURES, presentes nas várias regiões do país.

O EURES Portugal está no Facebook. Siga-nos e mantenha-se atualizado/a sobre as nossas atividades e serviços visitando a página.





#### CONSULTE

Mudar de país - necessita saber [ PT | EN ]



# **EURES Portugal Website**

Destaques

Procurar Emprego

Recrutar

1º emprego EURES

English Contactos

Divulgação de recrutamentos, estágios, formação, sessões de informação e feiras de emprego.

Apoios à mobilidade e recrutamento na Europa

▶ O teu 1º emprego EURES | Your first EURES Job - informação no separador |1º emprego EURES|

#### Feiras de Emprego

Recrutamentos

Estágios

Formação

Sessões de Informação

Testemunhos



Empregadores europeus procuram profissionais das áreas da engenharia e tecnologia interessados numa carreira internacional.

Participe no evento nos próximos dias 20 e 21 de maio. Terá acesso a:

- apresentações de empregadores e suas necessidades de recrutamento;
- "workshop" sobre condições de vida e trabalho noutros países europeus;
- entrevistas "onsite / online" com candidatos pré-selecionados.

Mais informação e inscrição: www.engineersmobilitydays.eu



Mudar de país - necessita saber [PT | EN ] Procurar emprego na Europa [PT | EN ] Recrutar na Europa [PT | EN ] Guia prático recrutar na Europa [PT | EN] Destacamento trabalhadores na UE [PT | EN] Coordenação Segurança Social UE [ PT | EN ] Trabalhadores temporários na UE [ PT ] Trabalhar no estrangeiro - informe-se [PT] Perguntas Frequentes [PT]

#### LINKS RELACIONADOS

EURES Portugal no Facebook Portal Europeu da Mobilidade Profissional EURES-T Norte Portugal - Galicia Plataforma Dias Europeus do Emprego O teu primeiro emprego EURES Segurança Social na UE A sua Europa



# **IEFP/EURES Website**

O EURES Portugal está no Facebook. Siga-nos e mantenha-se atualizado/a sobre as nossas atividades e serviços visitando a página. A REDE DE EMPREGO EUROPEIA 57 Agora no Facebook Junte se antiel CONSULTE Procurar Emprego Recrutar 1° emprego EURES Contactos English Destagues Mudar de país - necessita saber [ PT | EN ] Low Low 1 FORMAÇÃO AJUDA e-BALCÃO EMPREGO **APOIOS** IEEP A rede EURES proporciona o acesso a ofertas de emprego nos países do Espaço Económico (EEE) e na Suíça e a divulgação de CV de candidatos a emprego que pretendem trabalhar no Inicio > Emprego > Ofertas de Emprego europeu. no Instituto do Emprego e Formação Profissional Informação sobre os países avançada ador de carne (m/f) Engenheiro mecânico Representante Especialista em Recepcionista de hote Outros trabalhadore publicidade e marketing (m/f) não qualificados da comercial (m/f) • no EURES portal Europeu da Mobilidade Profissional (m/f)Ofertas de emprego (m/f)indústria Braga Grândola Marinha Grande transformadora (m/f) Cascais Oeiras O seu CV-online Informações úteis Q Pesquise ofertas de emprego Data de submissão: 🔘 Dia Semana Todos os registos Número da oferta Introduza nº da oferta Profissões com ofertas disponíveis [Qualquer] ٠ Ofertas nacionais Ofertas para fora de Portugal Zona de mobilidade País EURES - UE/EEE e Suíça [Qualquer] ALEMANHA BULGÁRIA BÉLGICA Habilitações Idiomas [Qualquer] [Oualquer] ٠ Tipo de contrato Regime de trabalho [Qualquer] [Qualquer] .



# **EURES Portugal on Facebook**

# www.facebook.com/eures.pt



# **EURES Portugal on Facebook**





facebook	E-mail ou telefone Palavra-passe Iniciar sessão Manter sessão iniciada Esqueceste-te da tua palavra-passe?
ENGINEER MOBILITY DAYS	S EURES Portugal está no Facebook. Para te ligares a EURES Portugal, regista-te no Facebook ainda hoje. Regista-te Iniciar sessão 10–18h Entrada gratvita. Inscreva-se em: engineersmobilitydays.eu
EURES Portug Serviço público · Ag Cronologia Sobre	
ESSOAS	EURES Portugal           Ontem ås 1:07 - @
3.996 gostos	Nearly 400 job positions within the Engineering, ICT and science / R&D will be available the next 20th and 21st May at the Engineers Mobility
OBRE	Days 4th edition. This year in Almada - Monte de Caparica (right next to Lisbon) - or in a computer next to you!
<ul> <li>EURES: Rede Europeia de Emprego Serviços de informação e aconselhamento sobre mobilidade; atividades de recrutamento para 32 países europeus</li> <li>http://www.iefp.pt/eures</li> </ul>	You will have at least 25 companies (onsite or online) willing to recruit in these areas and EURES advisers from 15 different countries available to help you with information and advice on moving abroad. Some of these compani Ver mais Ver tradução
ANT CONSTRUCTION OF CONSTRUCTION OF CONSTRUCT OF CONSTRUC	ENGINEERS MOBILITY DAYS 20/21 2015

Gosto - Comentar - Partilhar



# **EURES EVENTS**



#### **Job Fairs**



European Job Days Engineers Mobility Days Healthcare Mobility Day European Online Job Days

#### **Information & Advising**

Country Days Mobility Information Sessions





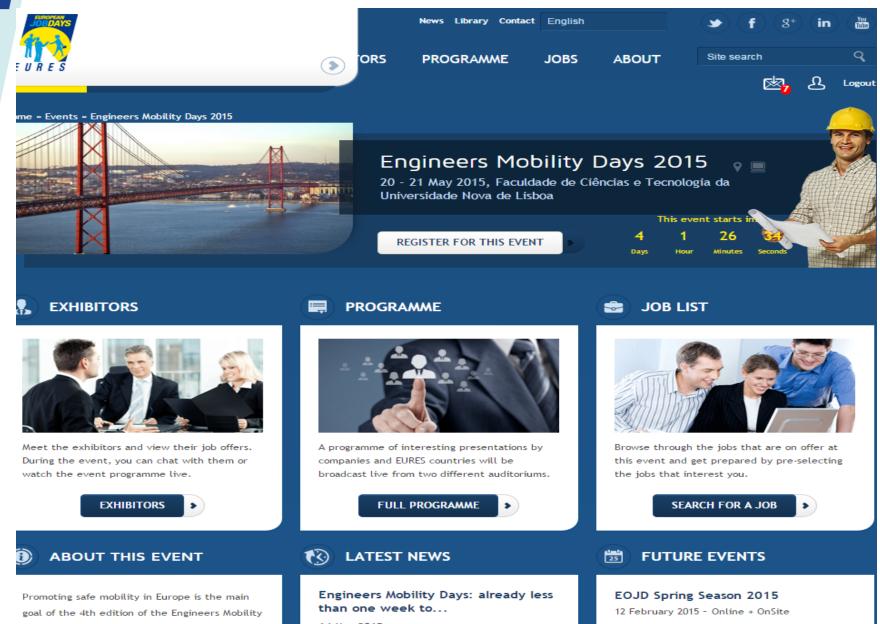


# EURES recruitment events platform

## www.europeanjobdays.eu

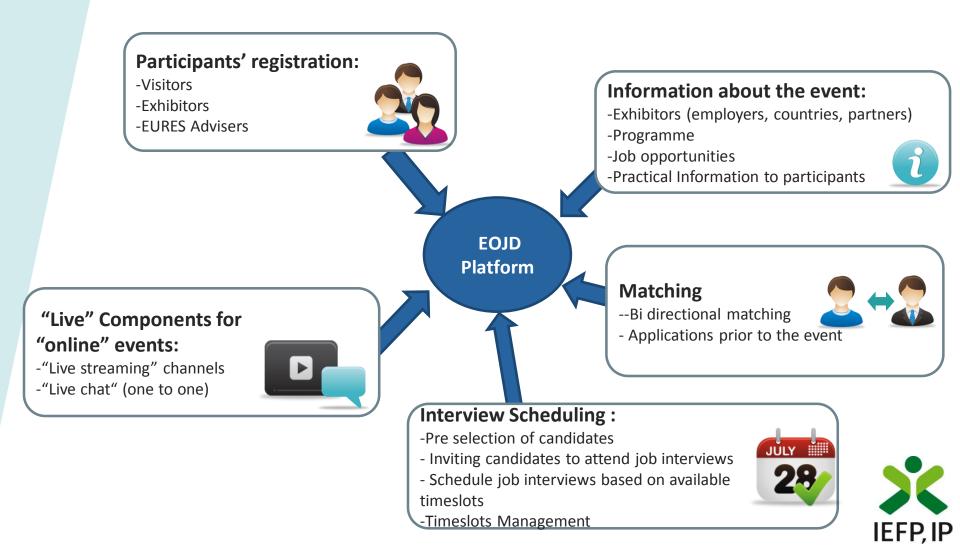


# www.europeanjobdays.eu





## www.europeanjobdays.eu available services





- Identify where you want to live and work abroad
- Research the norms and conditions of your next location
- Create your own adapting plan
- Check what stands out in terms of culture in the host country
- Build language skills
- Get familiar with the country's tax code
- Confirm if your profession is regulated in your new home country PNRQ)
- If it is, check how to apply for your qualifications to be recognized
- Compare the cost of living how far will your salary go
- Save some additional money (you will need it before you get your salary) paid
- Get a moment for self reflection (thoughts, goals, motivations, eventual frustrations)

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## **MOBILITY FINANCIAL SUPPORT**



eures.europa.eu ec.europa.eu/social/yourfirsteuresjob







## YfEj: Your 1st EURES Job

**Aim:** help young Europeans to find a **job**, **traineeship\*** or **apprenticeship opportunity\*** in another EU country, Norway or Iceland easing mobility

#### Young job seekers:

- •18-35 years
- EU28 + Norway + Iceland national /legal resident

wanting to find a job, traineeship\* or apprenticeship opportunity\* in a UE 28
+ Norway + Iceland diferent from residential country

 In case of traineeship\* or apprenticeship programme\*, you need to be unemployed

\* Sweden only supports job opportunities; Italy supports job, traineeship or apprenticeship oportunities.

#### Finantial Support for:

- a job interview trip if you are invited by an employer
- relocating to start a new job
- getting your professional qualifications recognized
- a language course in order to facilitate your work

If you have special needs you may qualify for a supplementary interview / relocation allowance

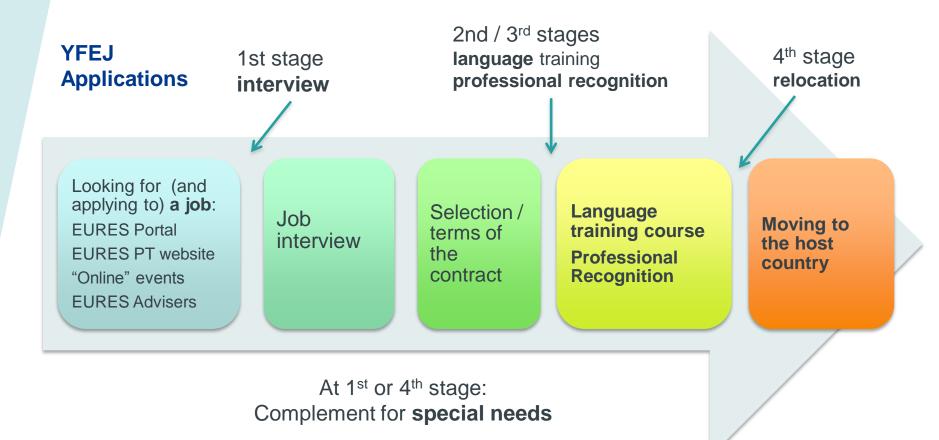






## YfEJ: Your 1st EURES Job

### When and how to apply







### YfEj: Your 1st EURES Job

### Further on:

www.iefp.pt/eures > 1º emprego EURES

E-mail: yfej@iefp.pt

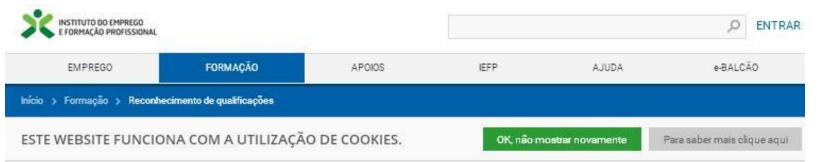
www.yourfirsteuresjob.se (Swedish Employment Services)

www.cliclavoro.gov.it/YourFirstEuresJob (Italian Employment Service)

www.ec.europa.eu/social/yourfirsteuresjob



### Professional Recognition www.iefp.pt/pnrq



#### Reconhecimento de qualificações

Através do Ponto Nacional de Referência para as Qualificações (PNRQ) é possível encontrar informação sobre o reconhecimento de qualificações e os sistemas de educação, de formação e de certificação profissional, com o objetivo de facilitar a mobilidade dos cidadãos no espaço europeu.

#### O PNRQ permite o acesso a informação sobre:

- reconhecimento de competências na UE, respetiva legislação de suporte e mecanismos para a sua obtenção
- base de dados europeia de profissões regulamentadas
- instrumentos para a transparência de qualificações (Suplemento ao Certificado, Europass CV e outros Instrumentos Europass)
- Sistema de Educação e Formação Português
- Sistema Nacional de Qualificações
- Catálogo Nacional de Qualificações
- Rede Eures Serviços de Emprego Europeus
- outra informação nas áreas da formação e do emprego



CONTACTOS

Envie as suas perguntas para pnrq@iefp.pt



### **Professional Qualifications'Recognition**

http://ec.europa.eu/internal\_market/qualifications/regprof/index.cfm?lang=en

Search About this site. Contact: Legal houce. Cookles (English (en))



#### THE EU SINGLE MARKET

European Commission

#### Regulated professions database

European Commission > Internal Market > Free movement of professionals > Regulated professions database

qualification:
EU country where you wish to practice: United Kingdom 🗸
Profession you wish to practice: Engineer ×



- Generic names of professions
- Regulated professions by country, with competent authorities



#### STATISTICS

#### Professionals moving abroad (establishment)

- Overall statistics
- Geography of mobility
- · Ranking the most mobile professions

#### **Temporary mobility**

- Overall statistics
- Geography of mobility
- Ranking the most mobile professions

#### Interactive map



#### USEFUL LINKS

- National contact points
- National websites on regulated professions
- Free movement of professionals EU policy and law
- Your Europe

**Professional Qualifications'Recognition** 

GENERIC NAME OF PROFESSION - ELECTRICAL AND COMPUTER (TECHNOLOGY) ENGINEER

Establishment     Temporary mobility       In countries     Statistics     Geography of mobility						
Table showing all countries in which this profession is regulated, with the name of the profession as used in the country. By clicking on the name you regulated profession with the competent authorities and points of contact.						
3 item(s) found, displaying 1 to 3		Page(				
	All 🗸	All	All			
Name of regulated profession	Country 🕌	Region	<b>Recognition under Directive 2005</b>			
Ilektrológos michanikós ke michanikós ipologistón (AEI)	Greece	All regions	General system of recognition - primary application			
Ilektrológos michanikós ke technologías ipologistón (AEI)	Greece	All regions	General system of recognition - primary application			
Member of the Institution of Engineering and Technology	United Kingdom	All regions	General system of recognition - primary application			

Member of the Institution of Engineering and Technology (United Kingdom)



#### Competent authorities

EURES

Competent authorities are responsible to take a decision when a professional from another member state wants to practise this regulated profession. In service, the declaration must be sent to this authority prior to the provisioning of services.

	Name	Address	Contact
$\searrow$	The Institution of Engineering and Technology	Michael Faraday House, Herts	Phone: +44 0207 240 1871
		SG1 2AY Stevenage	



### Tools that will certainly help you...

- EURES Portal (web based vacancies /CV registration. Search for the opportunity by country, occupation or by just writing key words)
- Fit in language lessons if you feel you need to improve your skills
- Find out all you can about your new country, specially its labour market situation
- Read guide documents so you can learn more about your new country's Living and Working conditions
- Check the PES site previously so you get to know your rights and duties as a jobseeker. These may vary europewide
- Register with the PES
- Search for employment sites
- Apply spontaneously
- Contact a EURES Adviser
- Stay network connected

Right CV type



PES SITES



### Tools that will certainly help you...

**Presentation is Key** Clear logical layout – bullets, short paragraphs, note form

Get the basics right – common sections should always be covered research resear

Stick to no more than 2 pgs A4 (selectors have lots of CVs to go through)

Understand the job description

- Tailor the CV to the role you're

applying for

Accurate in content, spelling and grammar

Make the most of your skills – enhance the ones that make you stand out from the crowd

Make the most of your experience – assertive and positive words: "developed", "organised", "achieved"



Accommodation options/ Local medical facilities/ Start of the school year

Transferring Unemployment benefits

Notify Portuguese authorities with which you hold a relationship and provide your new address

Ensure your terms of employment are clear and agreed in writing



### **KNOW BEFORE YOU GO**

- Important documents be sure to request official copies of important personal documents and allow some weeks to receive them
- Bank and credit card accounts review your accounts and notify your banks you will be living abroad. Consider online international banking to make any contact easier
- Health Insurance while not covered by your new country's healthcare system, search for individual policies to protect you
- International Driving Permit (IDP) remember to carry your IDP and your Portuguese driver's license with you at all times
- Your new country's rules regulations and laws vary widely among countries





### **KNOW BEFORE YOU GO**

#### Key points to consider when signing a contract:

- Employment terms (job description, hours of work, place of work, bonus entitlement, overtime)
- Salary in what currency will you be paid (bear in mind variation of currency may work for or against you / compare with the cost of living)
- Local taxes what deductions to be made from your salary
- Mandatory notices to the employer your obligations if you want to quit before the term of the contract
- Benefits accommodation, medical insurance, transport





### **SIGNING THE CONTRACT**

Only if you are fully happy with the terms and conditions on offer and have ensured any verbal amendments have been written into the contract.

#### ARRIVING...

Immerse yourself in the local culture, people and food and enjoy it.

Stay curious and connected – you will become bigger, richer and more inspiring.

Embrace the new language as soon as you arrive and use every opportunity to practise it.





#### **ARRIVING**...

# Preparation is key to success

### as are flexibility and patience and

will to learn





# **GET READY...** Gather all the information before you leave

#### TRABALHAR NO ESTRANGEIRO

**INFORME-SE ANTES DE PARTIR** 











# Thank you!

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