

Living & working in Portugal

Seize the Summer with EURES



9 March 2023



Quick facts

Area: 92,412 kms²

Coastline: 2600 kms

7 regions

Population: **10,3** millions

Official language: **Portuguese**

Parliamentary **republic**





Diversity

- The Alentejo planes
- Algarve, Ponta da Piedade
- Lisbon, the city capital
- North, Douro valley
- Azores, “7 Cidades” Lagoon
- Centre, “Estrela” Mountain



Food & Drink

Sardines & seafood, "Cozido", "Cataplana",
"Café e Pastéis de Nata", Portuguese wine, Codfish & its 1001 ways...

Our Tourism sector (2022)

- **18%** of GDP, **7,5%** of employment and **17,6%** of global exports
- **26,5** mio. guests (+83,4% than in 2021) and
- **69,6** mio. overnight stays (+86,4% than in 2021)
- total tourism **income** increased by **109,6%** from 2021 to 2022
- **foreign tourists'** overnight stays represented **67%** of total
- **short breaks** still dominant, mostly in Lisbon (& Porto)

Our Tourism sector

Where do our tourists come from?

In the EU/EEA + CH

- Spain
- France
- Germany
- Italy
- Netherlands
- Ireland
- Belgium
- Switzerland
- Poland
- Denmark

Others

- UK
- USA
- Brazil
- Canada
- China

Our Tourism sector (seasonal) demand for workers

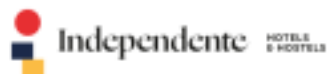
Profiles most looked after

- Chefs | Chefs de Partie | Commis-Chefs | Sous-Chefs
- Cooks | Pastry-Cooks, Kitchen Stewards
- Reservation Agents | Travel Advisors | Customer Service
- Waiters | Bartenders (*Baristas*)
- Hotel Receptionists | Night Auditors
- Room Service | Housekeeping
- Entertainers
- Maintenance Workers
- SPA Therapists
- Pool Vigilants

Recruiting companies today...



Recruiting companies today...



... and more!



Tourism sector wages in Portugal

Minimum wage (2023): **€760**

Avg. monthly earnings (2021): **€1.188**

in **Hotel & Catering: €811,9**

Positions	Average Gross Wage	
	Annual	Monthly
Waiter / Waitress	12.380 €	884 €
Bartender	14.678 €	1048 €
Hotel Receptionist	12.536 €	895 €
<i>Chef</i>	14.778 €	1056 €
Kitchen Assistant	12.059 €	861 €
Travel Agent	10.905 €	779 €
Room Service	12.712 €	908 €

Source: [indeed Salarios 2022](#)

Working Conditions

www.seg-social.pt

www.portaldasfinancas.gov.pt

Worktime & holidays

- 40 hours / week
- 22 holidays (annual leave)
- 13 bank holidays +...

Social security & taxes

- Social security
 - worker: 11%
 - employer: 23,75%
 - freelancer: min. 21,4%
- IRS (personal income tax): variable annual rate 14,5% - 48%

Wage

14x / year

(holidays & Christmas)

Minimum: **760€ / month**

Learning the Language



nearly **260 million speakers** in the World



www.instituto-camoes.pt



ACM

ALTO COMISSARIADO
PARA AS MIGRAÇÕES

<http://pptonline.acm.gov.pt>

www.portuguesmaisperto.pt/EN

E-learning

Onsite

- in [your country of origin](#)
- in Portugal



<http://ciple.lettras.ulisboa.pt/>

other e-learning platforms

- www.practiceportuguese.com
- www.portugueselab.com
- www.portugalist.com



Housing

- Rents **vary** a lot: location, nr. rooms and quality / type and age of the building
- Rental contract always **written**, 2-year duration by default
(if no different duration is made explicit in the contract)
- As a rule, when contract starts, guarantee deposit **1-2 months** of rental

Type	Greater Lisbon	Greater Porto	Algarve
Studio (T0)	550 - 1300 €	500 - 1000 €	450 - 800 €
T1 Apartment	700 - 1500 €	650 - 1200 €	600 - 1100 €
T2 Apartment	850 - 2000 €	800 - 1300 €	700 - 1300 €

Sources: www.remax.pt | www.imo-portugal.pt | www.lardocelar.pt

Housing



Utilities 1 month (heating, electricity, gas, ...) 1 person €104



Internet 8 mbps (1 month) €26



40" flat screen TV €324



Laundry detergent (3 l.) €8



Hourly rate for cleaning help €8

www.expatistan.com/cost-of-living/country/portugal

Per region


Location	Price m2 Feb 2023
Portugal	13.4 €/m2
Alentejo	8.2 €/m2
Algarve	11.5 €/m2
Área Metropolitana de Lisboa	16.3 €/m2
Centro	7.7 €/m2
Norte	11.6 €/m2
Região Autónoma da Madeira	11.0 €/m2
Região Autónoma dos Açores	7.8 €/m2

www.idealista.pt



Food & Drink

	Basic lunchtime menu in the business district	€10,00
	Combo meal in fast food restaurant	€7,00
	500 gr of boneless chicken breast	€3,35
	1 lt whole fat milk	€0,88
	12 eggs, large	€3,00
	1 kg tomatoes	€2,06
	500 gr local cheese	€5,17

	1 kg potatoes	€1,44
	1 kg apples	€1,81
	0.5 l domestic beer in the supermarket	€1,06
	1 bottle of red wine, good quality	€5,02
	2 lt coca-cola	€2,24
	Bread for 2 people 1 day	€0,89
	Average consumer basket for 1 person	€270,00

www.expatistan.com/cost-of-living/country/portugal

Leisure



Basic dinner out for 2 in neighbourhood pub

€28,00



2 tickets to the movies

€14,00



Dinner for 2, Italian restaurant in the expat area
(including appetizers, main course, wine and dessert)

€41,00



1 cocktail drink in downtown club

€9,00



Cappuccino in expat area of the city

€2,95



1 beer in neighborhood (500ml)

€1,98



1 min. of prepaid mobile tariff du mobile
(no discounts or plans)

€0,40

www.expatisan.com/cost-of-living/country/portugal



Finding a job

www.eures.europa.eu

<https://iefponline.iefp.pt>



www.turijobs.pt

www.ambitur.pt

www.hosco.com > Portugal

www.turilink.pt

www.jobsinlisbon.com

www.jobinporto.com

www.expressoemprego.pt

<http://emprego.sapo.pt>

Applying for a job

- **motivation letter + CV** (photo highly recommended)
- CV: **reverse chronological** order or **functional** model; **infographic** more & more popular
- **1-2 pages**, short, concise, structured
- if you don't speak / write Portuguese, write CV **in English...**
- you can (still) use **Europass CV...**
- **phone**: your country's international code number (e.g. +33)
- include a **Skype** / GoogleMeet / Teams account
- and... use your **LinkedIn** profile



Before coming *Checklist*



- Valid **ID card** or **Passport**
- Traveling with **family**? Check procedures & documents for children/spouse
- Copy of work contract / working conditions **in written**
- **Certificates** proving experience, education/training, references
- Knowing the **wage payment method** and frequency
- Check **accommodation availability and price**
- European Health Insurance Card / Health Insurance
- Enough money to remain in Portugal until 1st wage payment (or to go back...)

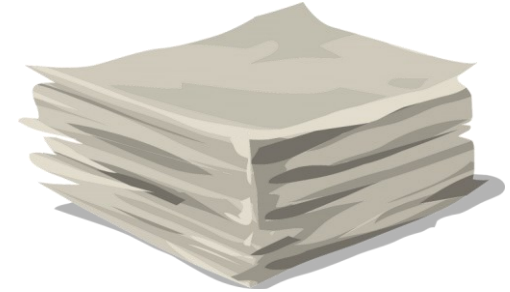
Before coming *check also...*

- EURES Targeted Mobility Schemes
- Programa Regressar
- other supports



On arrival

Administrative procedures



1. **Registration Certificate** or Residence Card (> 3 months)
2. **Fiscal Number (NIF):** www.portaldasfinancas.gov.pt
3. **Social security number (NISS):** www.seg-social.pt
4. **Bank account**
5. **Register at nearest Health Centre: SNS (National Health Care System) User's Card**

The employer usually helps you

How to reach us



iefp.pt/eures



facebook.com/eures.pt



linkedin.com/company/euresportugal



youtube.com/c/EURESportugal




eures@iefp.pt

Chat on Fridays (11:30-13:30 CEST) <http://bit.ly/ChatEURESpt>

Online 101 advice <https://bit.ly/AdviceEURESpt>




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- Work in Portugal 2022 @europeanjobdays.eu
- EURES Targeted Mobility Schemes | Apoios à Mobilidade

How to reach us

<https://linktr.ee/euresportugal>



THANK YOU!

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